

APRIL 2024 NEWSLETTER



SEE WHAT'S HAPPENING AT OUR HIVES:



Beauty is all around

As we drive our daily commute or take a family road trip, it's easy to overlook the beauty hidden along the long stretches of highway we travel almost without thinking. The endless asphalt, towering concrete structures, and constant motion of cars and trucks can often hide the natural splendor that surrounds us.

But in spring, beauty is hard to miss. Bright colors shout at us to wake up and see what's possible. The once barren roadside bursts into life with yellows, purples, pinks, and blues of wildflowers, while budding leaves on trees offer new hope. If you're lucky, you might even hear birds singing over the constant hum of traffic.

It's true that beauty isn't confined to manicured landscapes or exotic vistas. Instead, it can be found in the resilience of nature reclaiming its space in this world, even in a sea of concrete. Spring's yearly emergence reminds us to pause, to appreciate, and to find quiet moments of joy in the chaos of our modern lives.

Let's embrace the beauty that surrounds us, especially in the most unexpected places. Let us take comfort in the simple joy of seeing patches of grass along streets turn from gray to brown to vibrant green and blues. In doing so, we'll rediscover the profound truth that beauty truly is all around us, waiting to surprise and delight us if only we would look.

How about you? Tell us, what are the simply things you notice in your day-to-day that bring you joy in happiness that other wise sometimes go unnoticed. Email us: **BUDDY@ BEHAVIOREXCHANGE.COM**

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- BEAUTY ALL AROUND
- AUTISM ACCEPTANCE
- SUMMER SCHEDULE FORMS
- SCHOOL HOLIDAYS
- PARENT RETREAT/TRAINING

TBE Calendar

4/2: World Autism Acceptance Day 4/8: Solar Eclipse

Log on to our site and view selected

events: CLICK HERE

Quote of the day

I didn't get there by wishing for it or hoping for it, but by working for it." — Estée Lauder



Get to know us!

Here's this month's spotlight on an amazing member of the TBE team! Please meet, Kiara'— RBT, Prosper Hive.

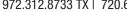
Favorite Song: The Spins — Mac Miller Favorite Movie: Chef - John Favreau

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April is Autism Acceptance Month

In 1970, the Autism Society of America launched an ongoing national effort to promote autism awareness and to assure that all autistic people are able to achieve the highest quality of life possible. Fast forward 50 years later and the organization has shifted its focus from awareness to acceptance. So why the shift from Autism Awareness Month to Autism Acceptance Month? Christopher Banks, President and CEO of the Autism Society of America, puts it like this: "While we will always work to spread awareness, words matter as we strive for people with autism to live fully in all areas of life. As many individuals and families affected by autism know, acceptance is often one of the biggest barriers to finding and developing a strong support system." The shift in terminology fosters acceptance to ignite change through improved support and opportunities in education, employment, accessible housing, affordable health care, and comprehensive long-term services.

Are you doing anything special or different this month?

Summer Schedule Request Forms

Summer will be here before we know it, so please return your completed Summer Schedule form. If you need a form, email INTAKE@BEHAVIOREXCHANGE. Thanks!

Would you like to increase you child's hours on these school holidays? The sooner we know, the better we will be able to accommodate your requests. This also applies to the many school closures we have until the summer break. Additional school closures by ISDs:

Plano ISD: 4/22 Frisco ISD: 4/1, 4/26

Prosper ISD: 4/1 (Weather make up day), 4/26

Boulder Valley SD: 4/19, 4/22

Parent Retreat

Would you be interested in a Parent Retreat/Parent Training at a special location on 11 acres with intimate spaces to enjoy? Connect with nature, get in touch with yourself and each other, and leave rejuvenated with new learnings and a sense of community. We are very excited to offer this and truly hope you will join us. This kind of event is what makes TBE special. PLEASE COMPLETE THIS SHORT SURVEY to express your interest in attending this event on Friday, April 26th from 9:30am-3:30pm. Thank you.











Fun fact about you: I'm pretty good at whistling!

Hobbies: Rock climbing, cooking, gaming, reading

Why did you choose to work in ABA therapy with children with autism what's your superhero origin story?

I was a junior high teacher's assistant for special education classes. I was introduced to psychology through that and my academic path in that subject took off.

One life hack or expert tip that can benefit families of the children we

serve: Have patience. I know that's not an easy one, but to remind yourself to be patient and good things will take time always.

Book recommendation: "Out of My Mind" - Sharon Draper

TED talk

"Why autism is often missed in women and girls." Kate Kahle I September 2021

Women and girls with autism spectrum disorder often don't display the behaviors people typically associate with neurodivergence, greatly impacting when, how they are diagnosed. Autism acceptance advocate Kate Kahle makes the case for more research into this gender discrepancy, sharing her personal experience with masking, being diagnosed as a teenager and how it allowed her to better understand herself. "Autism is not a disease, and it doesn't need to be cured," she says. "It's just a different way some brains can work." **CLICK HERE** to view the talk.

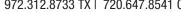
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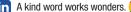
















THE BUZZ AROUND DFW:



Dallas Blooms at the Arboretum

Experience spring in full color as you become part of nature's masterpiece of 500,000 spring blooming bulbs, including 120 varieties and a breathtaking display of 350,000 tulips and a mix of hyacinths and daffodils. This year's theme, 'A Picture's Worth a Thousand Words,' brings larger-than-life living selfie walls to the festival for families to create photo keepsakes of their trip. Don't wait! The festival ends April 8. Can't make it? Fun still awaits at the Children's Adventure Garden, complete with interactive exhibits, whimsical gardens, and hands-on STEM activities. LEARN MORE

Sensory Friendly Family Fun at the Nasher

Enjoy an early evening in the garden of the Nasher Sculpture Center in downtown Dallas, exploring and discovering art through active and quiet learning activities designed for neurodiverse learners of all ages. The fun includes scavenger hunts, sensory tents, art-making stations, mindful meditation, and storytelling. Admission and parking are free, and the event is open to the public. Registration is requested to ensure everyone has a great time. April 11 from 4-6pm. LEARN MORE

Allen Eclipse Watch Party

Share an unforgettable celestial experience with other families on the great lawn of Terrell Recreation Center as you watch the awe-inspiring spectacle of a total solar eclipse. Free glasses will be provided to safely witness the moon's gradual path between the earth and the sun. Marvel as the sky is enveloped in darkness for more than three minutes, beginning at 1:41 p.m. Don't miss this incredible opportunity to witness the magic of a total solar eclipse with fellow sky watchers! April 8, starting at 11:30am. **LEARN MORE**

Little Farmer Fridays

Calling all cowboys and cowgirls to experience the wild, wild west right here in Plano at the historic 4-acre Heritage Farmstead Museum. Little Farmer Fridays is ideal for ages 2-5, where they can come dressed in their finest western gear and enjoy fun activities, like panning for gold, storytelling, a treasure hunt, meeting livestock on the farm, crafts, wagon rides, and more. April 5 & 19, from 10-12pm. Tickets are required. LEARN MORE

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Fun facts—April Fools

History:

Some historians believe the April Fools' customs began in France, although no one knows for sure.

It may stem from a calendar change in 16th century France – the moving of New Year's Day from April 1 to January 1 when the Gregorian calendar was adopted. People who continued to celebrate New Year's Day on April 1 rather than the new date of January 1 were referred to as "April fools" and others played tricks on them.

Around the World

- In France, April 1 is called "Poisson d'Avril." French children fool their friends by taping a paper fish to their friends' backs. When the "young fool" discovers this trick, the prankster yells "Poisson d'Avril!"
- In Scotland, April Fool's lasts two days. Victims of pranks are called gowks (cuckoo birds). The second day is known as Taily Day, and pranks involving the backside are played. Supposedly, it is the origin of "kick me" signs.
- In England and Canada, pranks are only played in the morning of April 1.

Memorable Pranks

- Early 1950s: The BBC runs a "news" item about the spagnetti harvest in Switzerland.
- 1985: Sports Illustrated runs a 14-page story by George Plimpton about a Mets pitching phenom named Sidd Finch. The

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THE BUZZ AROUND BOULDER:



Chick Clark Kids' Fishing Program

The Chick Clark fishing program provides youth ages 15 and younger a free, outdoor activity **LEARN MORE**

Sensory Friendly Playtime at the WOW!

Explore the amazing WOW! Children's Museum without the noise, crowds, and stimulation of a typical day. Lights and sounds will be turned down and adaptive equipment is provided if needed. This month event features music therapist Bonnie Houpt of Rhythmic Roots Music Services, providing hands-on instrument exploration for children and information about music therapy for parents. Admission is only \$1 per person. **LEARN MORE**

Disney On Ice, Mickey's Search Party

Treat your whole family to a Disney spectacular at a certified sensory inclusive venue, the Blue Arena at The Ranch Events complex in Loveland. The show features some of Disney's most beloved characters, including Mickey, Minnie, Donald, Goofy and stars from Moana, Coco, Frozen, Toy Story, Aladdin, Beauty and the Beast, and The Little Mermaid. To make sure everyone enjoys the show, you can borrow a sensory bag provided by the arena, complete with noise-cancelling headphones and fidget tools. Day and night performances from April 4-7. **LEARN MORE**

Tulip Fairy and Elf Festival

Spring officially arrives in downtown Boulder when the beautiful, colorful Tulip Fairy, along with pint-sized fairies and elves, parade around the Pearl Street Mall, waking up the tulips." This much-beloved springtime tradition features live performances, lots of special activities for children, and more than 15,000 tulips that adorn the world-renowned Pearl Street Mall. Join in the fun on April 28 from 1-5pm. LEARN MORE

reclusive, skinny Finch has a 168-mph fastball (which he credits to meditations in Tibet) and a host of guirks including carrying a French horn at all times and wearing only one hiking boot while pitching.

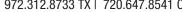
- 1986-present: Press releases for the [non-existent] New York City April Fools' Day Parade have been issued every year since 1986.
- 1996: Taco Bell Corp. runs a full-page ad in several major newspapers claiming it has purchased the Liberty Bell and is renaming it the "Taco Liberty Bell."
- •2004: The National Public Radio show "All Things Considered" runs a story about the post offices' new "portable ZIP codes" program. Based on people being able to keep their phone number even if they moved, the program was designed to represent "a citizen's place in the demographic, rather than geographic, landscape."
- 2008: The BBC runs a video clip of flying penguins as part of a story for its series "Miracles of Evolution." The presenter explains that the penguins escaped the cold, harsh Antarctic weather by flying to the tropical rainforests of South America.
- April 1, 2013: The Guardian announces the launch of its own augmented reality device, Guardian Goggles, which will "beam its journalism directly into the wearer's visual field, enabling users to see the world through the Guardian's eves at all times."

Will you be engagin in any pranks? Do tell! BUDDY@BEHAVIOREXCHANGE. **COM**























SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5 Dress-Up Friday Wacky Tacky Day–Be foolish for April Fools!	6 Saturday Services Frisco Hive 9:00am-3:00pm
	April Fool's Day	World Autism Awareness Day			International Carrot Day	Pillow Fight Day
7	8	9 Eid al-Fitr	10	11	12 Dress-Up Friday Light it up Blue-Wear blue for Autism Awareness month.	Saturday Services Frisco Hive 9:00am-3:00pm
		Ramadan ends	National Siblings Day	National Pet Day		Vaisakhi
14	15 Jackie Robinson Day	16	17 Rama Navami National Banana Day	18	19 Dress-Up Friday Earth Day-Wear green or blue. • Boulder Valley SD No School	20 Saturday Services Frisco Hive 9:00am-3:00pm
21 Ridván begins	Plano ISD No School Boulder Valley SD No School Earth Day Passover begins	23	24	25 Take Your Daughters and Sons to Work Day	26 Dress-Up Friday National Superhero Day-dress like your favorite superhero! Anhor Day	27 Saturday Services Frisco Hive 9:00am-3:00pm
28	29	30				

All times are in Central Standard Time Zone (CST). Some dates and events are subject to change.

National Super Hero Day



What did the triangle say to the circle? You're pointless.

As they say, laughter is the best medicine!

RIP, boiling water. You will be mist. Time flies like an arrow. Fruit flies like a banana.

I ordered a chicken and an egg online. I'll let you know what comes first.

My jokes are a-MAIZE-ing!

Why was Cinderella so bad at soccer?

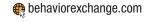
She kept running away from the ball!

What do lawyers wear to court? Lawsuits. What do elves learn in school? The elf-abet.

- Where was King David's temple located? Beside his ear.
- What did one toilet say to another? You look flushed.
- What lights up a soccer stadium? A soccer match.









Passover ends









