

SEE WHAT'S HAPPENING AT OUR HIVES:



The Story of the Calendar Change and the Power of Transformation

Did you know the ancient Romans used a calendar that only had ten months? *'Tis true!* October, which we now know as the tenth month, was actually the eighth (Octo = eight). They believed their calendar was sufficient until it wasn't — it didn't match the seasons! Year after year, they found themselves celebrating harvests too soon, preparing for spring too late, and generally struggling to keep up with the rhythm of the Earth.

Drastic changes needed to be made. They added two more months, realigned their year with the seasons, and created the calendar we use today. It wasn't easy. The change felt strange, challenging—but they knew it was necessary. Over time, it became natural. The Romans discovered that sometimes, in order to function better and live in harmony with the world around them, changes had to be made. Fundamental, drastic ones even.

Just as the Romans had to change their calendar, sometimes we must change our behavior to function at our best. In ABA therapy, we work on adapting and reshaping behaviors so that individuals can lead fuller, more independent lives. Change, even when it feels overwhelming, can be the key to aligning ourselves with our true potential.

Just like the ancient Romans discovered, we often resist change because it's uncomfortable or unfamiliar. But by recognizing when a change is needed — whether in how we measure time or how we approach life's challenges — we open up new possibilities. ABA therapy shows us that with patience and persistence, the right changes can improve not just one part of our lives, but the overall quality of how we live.

In the end, whether we're talking about calendars or behaviors, the lesson is the same: Change isn't just necessary — it can lead to a brighter, more functional future. What could be, can be, if we are willing to embrace the transformations that help us grow. What changes have you made? Email us: BUDDY@BEHAVIOREXCHANGE.COM

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- OCTO MEANS EIGHT
- HALLOWEEN AT TBE
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- SOCIAL SATURDAYS
- SCHOOL ABSENCES

Calendar

- 10/26: Especially Needed
- 10/31: Halloween at TBE

Quote of the day



“Nobody can go back and start a new beginning, but anyone can start today and make a new ending.” —Maria Robinson

Get to know us!

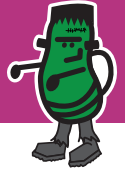
Here's this month's spotlight on an amazing member of the TBE team! Please meet, **Allison, Center Coordinator at our Prosper Hive.**
Favorite Song: I Need Love by LL Cool J

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OCTOBER 2024 NEWSLETTER



Halloween at The BOO-havior Exchange!

Attention all monsters, aliens, werewolves, vampires, and witches! Come celebrate Halloween at The BOO-havior Exchange on Thursday, October 31. Wear your spookiest, silliest, or most creative costume and get ready for a frightfully fun time!

Bee prepared for the upcoming holiday breaks

With October kicking off the holiday season, Thanksgiving and Winter Break might seem far away — but they'll be here before you know it! Now is the perfect time to start planning for your holiday breaks, especially when it comes to keeping your little ones' routines on track. At The Behavior Exchange, we specialize in maintaining schedule stability during this festive time of year. Contact us today, share your holiday plans, and let's work together to ensure a smooth and joyful season for everyone.

Especially Needed Fall Festival & Resource Fair

Especially Needed Fall Carnival and Resource Fair is open to all individuals with special needs and their families. The Behavior Exchange is a proud sponsor and we will be present at the festival. Come by our booth! Saturday, October 26. [LEARN MORE](#).

Social Saturdays

Social skills play a crucial role for children with autism, helping them engage, communicate, and form meaningful friendships. That's why we host Social Saturdays at The Behavior Exchange! These fun and structured sessions give kids the opportunity to practice and enhance their social skills in a welcoming environment. Guided by our compassionate team of RBTs and BCBA's, your child will learn to navigate social interactions and build friendships — all while having a blast. Join us and watch your child's social confidence grow! [SIGN UP TODAY](#) **Note: on Saturday, October 19, services will take place in our Plano Hive.**

School absences

As the school year progresses, did you know that both Texas and Colorado allow excused absences for behavioral services like ABA therapy? Our Social Skills Groups are perfect for school-aged children! To learn more about excused absences, click [HERE FOR TEXAS](#) and [HERE FOR COLORADO](#). For tips on a smooth transition into school, check out the flier on page 7, or reach out to your BCBA for guidance.

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Favorite Movie: I am Sam

Fun fact about you: I have danced since I was 2 years old!

Hobbies: I love spending time with my daughter.

Why did you choose to work in ABA therapy with children with autism— what's your superhero origin story?

I first was introduced to ABA as a child, witnessing my cousin's sessions in home. I loved seeing how I could better interact with them as well as communicate more. I have such a passion for ABA because I think it truly changes lives!

What's your favorite part about working at The Behavior Exchange? It is a family-based company and the core values reflect my own!

Fun Facts: Halloween!

1: Halloween as a holiday originated with the Irish. The origins of Halloween are actually rooted in a Celtic tradition, whereby the Irish Celts celebrated a festival called Samhain (summer's end) in honor of the end of the harvest. This was thought to be a time when spirits visited the living. As Christianity grew more popular in Europe, this holiday morphed into All Saint's Day, or All Hallows' Day, celebrated on November 1st. The celebrations began the day before on October 31st, or All Hallows' Eve.

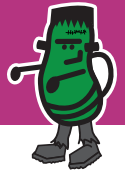
2: Trick-or-treating began as a Thanksgiving tradition. Some people think that trick-or-treating originated with the candy and masks sold in toy stores around Thanksgiving in the 1800s. In

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THE BUZZ AROUND DFW:



On Your Feet!

Celebrate Hispanic Heritage Month taking in the regional youth theater premiere of *On Your Feet!*, the story of Gloria and Emilio Estefan, two people from Latin American immigrant families who believed in their talent, their music and each other, and became an international sensation. The production features some of Estefan's greatest and most well-known award-winning hits, including "Rhythm is Gonna Get You," "1-2-3," "Live for Loving You," "Conga," and more. It will have you dancing in the aisles! October 3-6 @ the North Texas Performing Arts Willow Bend Center of the Arts, Rodenbaugh Theatre, Plano. [LEARN MORE](#)

Trick-or-Treating in the Park

Dress the whole family up, and head out to Klyde Warren Park – the town square of Dallas – for candy collecting, costume contests, and the movie *The Nightmare Before Christmas* on a giant outdoor screen. Klyde Warren Park is a 5+ acre green space in the middle of downtown where families can gather and enjoy the park's fun amenities, including a children's park, dog park, an interactive water fountain you can play in, food trucks, reading room, and special events throughout the year. October 26, starting @ 5pm. [LEARN MORE](#)

Pumpkin Nights

Pumpkin Nights is an interactive Halloween experience and festival at Howell Farms and unlike anything else in DFW. Plan your own evening adventure and get transported into an enchanted world of bewitching art, thrilling fire shows, and over 7,500 hand-crafted pumpkin displays, including 10-foot-tall jack-o-lanterns, the world's largest pumpkin guitar, a flying 40-foot handmade dragon, a life-sized pumpkin pirate ship, and other surprises. Open weekdays and weekends through October 31. [Learn more](#)

Autumn at the Arboretum

Plan a visit to the Dallas Arboretum to see a stunning display of 150,000 colorful and blooming fall plants as well as 100,000 real pumpkins, gourds, and squash. This year's event features a Pumpkin Village that honors the earliest Texas settlers and their history. Explore six pumpkin houses, each representing a unique aspect of Texas pioneer life, plus a pioneer farmstead, a quaint general store, a simple sod house, and a one-room schoolhouse. It's fun for the whole family. [LEARN MORE](#)

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this old tradition, kids donned rags and knocked on neighbors' doors, asking for candy, coins, and fruit. However, many adults thought this custom too mischievous an activity for Thanksgiving. By the 1940s, it had become more of a Halloween tradition.

3: The first jack-o'-lanterns were potatoes and turnips. And they were named after a man named Jack. According to Irish legend, he was a lost soul who wandered the earth carrying only a turnip containing a piece of burning coal, like a lantern. He was called "Jack of the Lantern," which was eventually shortened to "Jack-o'-Lantern." The Irish used potatoes and turnips to stay true to the legend - and because they didn't grow pumpkins, just lots of potatoes. Once Halloween celebrations began in the United States, Irish immigrants realized that the pumpkins' larger size made them a much better fit for jack-o'-lanterns.

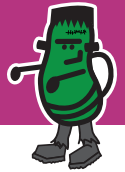
4: Halloween in Mexico is called Dia de los Muertos. Another name for Halloween is the Day of The Dead (Dia de los Muertos). Celebrated on November 2nd, it's the day set aside to honor friends and relatives who have passed away. People who celebrate the holiday believe that on Dia de los Muertos, their dead loved ones come to Earth to spend time with the living, offering them their guidance and wisdom and participating in their celebratory events. As such, the "Day of the Dead" is seen as a joyous and positive rather than a scary holiday. Dia de los Muertos is a Mexican celebration similar to Halloween.

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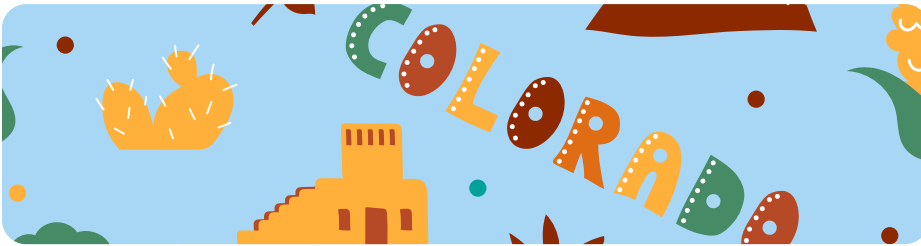




OCTOBER 2024 NEWSLETTER



THE BUZZ AROUND BOULDER:



Boo at the Zoo

This beloved trick-or-treating experience at the Denver Zoo is back and better than ever! This timed, ticketed event is designed to minimize crowds and maximize fun. Enjoy mysterious cryptid creatures, candy stations, seasonal snacks, and maximized Halloween fun for little ones and everyone. With something magical around every corner, it's the best place in town to trick-or-treat. Oct. 4-5, 11-13, 18-10, and 25-27. Sensory-friendly night is October 31 from 5pm-9pm. [LEARN MORE](#)

Pumpkin Festival

Celebrate fall at Pumpkin Festival at Chatfield Farms, a treasured October tradition for the entire family. Festivities include family and children's activities, local craft and artisan booths, live music, food trucks, and refreshments. Admission includes entry to the pumpkin patch and corn maze, the antique tractor exhibit, parking shuttles, wagon rides, photo booths, face painting, balloon characters, and tickets for games, inflatable bouncers, slides, and obstacle courses. October 11-13, 9am - 4pm. [Learn more](#)

Bewitching Halloween Extravaganza

Join the Boulder Philharmonic Orchestra for haunting melodies and thrilling orchestral arrangements guaranteed to delight the young and young at heart. You'll hear classics like This Is Halloween from The Nightmare Before Christmas and other familiar tunes from Pixar, Disney, Harry Potter and more. Plus, there are fun pre-show activities for the kiddos presented by the Wow! Children's Museum, Boulder Public Library, and HB Woodsongs. Kids are encouraged to come dressed in their Halloween finest. October 27 & 30. [LEARN MORE](#)

Munchkin Masquerade

Grab the kiddos in their favorite costumes and head to beautiful downtown Boulder for this year's Munchkin Masquerade on Halloween. This yearly tradition offers families an easy and fun way to take children trick-or-treating along Pearl Street. Just follow the map, and visit participating shops for lots of sweet goodies. Organizers say the event is perfect of 12-year-olds and under, but grown-ups can have a blast, too. The fun begins at 3pm on Thursday, October 31 and ends at 6pm. [LEARN MORE](#)

5: Halloween is celebrated differently in England. Instead of carving jack-o'-lanterns and trick-or-treating, British kids cut a design into a beet they call a "pinkie." Then they carry their beets around in the streets, singing songs and asking for money. Halloween occurs five days before another big British holiday, Guy Fawkes Day, when many people use bonfires and fireworks to mark the anniversary of the discovery of a plot organized by Catholic conspirators to blow up the Houses of Parliament in London in 1605. That's a lot of celebrating in one week!

6: Italy has its own unique Halloween tradition. In Italy, All Saints Day is celebrated by baking cookies and pastries in the shape of beans. These cakes are called Beans of the Dead. Other unique Italian traditions include buying chrysanthemum bouquets, lighting a red candle at sunset, and decorating the streets with pumpkins and bonfires. Italy celebrated All Saints Day with Beans of the Dead.

How are you going to celebrate Halloween this year? We hope plenty of learning is involved!

Let us know:

BUDDY@BEHAVIOREXCHANGE.COM



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SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



All times are in Central Standard Time Zone (CST).
Some dates and events are subject to change.
Prosper ISD 2024-2025 calendar not available as of
printing of this calendar.

		1 <i>International Music Day</i>	2 <i>Rosh Hashanah</i>	3 <i>Rosh Hashanah</i>	4 Dress-Up Friday Wear a smiley face for World Smile Day! <i>Rosh Hashanah</i> <i>National Taco Day and World Smile Day</i>	5 Saturday Services Frisco Hive 9:00am-3:00pm
6	7 <i>Child Health Day</i>	8	9	10 <i>World Mental Health Day</i>	11 Dress-Up Friday Wear pink for Breast Cancer Awareness! • Frisco ISD no school <i>Yom Kippur</i>	12 Saturday Services Frisco-Hive Plano Hive 9:00am-3:00pm <i>Yom Kippur</i>
13	14 • Plano ISD no school • Frisco ISD no school • Boulder Valley SD no school <i>Indigenous Peoples' Day</i>	15 • Plano ISD no school	16 • Plano ISD no school <i>Boss's Day</i>	17 • Plano ISD no school <i>International Day for the Eradication of Poverty</i>	18 Dress-Up Friday Wear your favorite food or food colors for World Food Day! • Plano ISD no school	19 Saturday Services Frisco Hive 9:00am-3:00pm <i>Sweetest Day</i>
20	21	22	23	24 <i>Birth of Bahá'í</i>	25 Dress-Up Friday Be Smart Day—Dress like a nerd!	26 Saturday Services Frisco Hive 9:00am-3:00pm <i>National Pumpkin Day</i>
27	28	29 <i>International Cat Day</i>	30	31 Dress-Up Day Dress in your favorite costume! <i>Halloween</i>	<p><i>Totally CORN-fident you will love my new set of jokes!</i></p>	

Corny kids jokes!

As they say, laughter is the best medicine!

- **What do cows read the most?** Cattle-logs.
- **I lost an electron.** You really have to keep an ion them!
- **What do clouds wear under their shorts?** Thunder pants!
- **How many tickles does it take to make an octopus laugh?** Ten-tickles.

- **What did 0 say to 8?** "Nice belt."
- **How did the hipster burn his tongue?**
He drank his coffee before it was cool.
- **What did the drummer name her twin daughters?** Anna 1, Anna 2.
- **What did the lettuce say to the celery?**
Quit stalking me!
- **What's small and red and has a rough voice?** A hoarse raddish!
- **Why do mushrooms get invited to all the parties?** Because they are such fungus.

Halloween at



The BOOhavior Exchange®

Hey goblins, ghouls, and all you Halloween fans!

Get ready for a spooktacular time at **The BOOhavior Exchange** this **Thursday, October 31**, for a ghoulish Halloween time.

Come dressed in your wildest, funniest, or funnest costume and enjoy a day full of Halloween fun!

No tricks here — just plenty of treats and good times!



All hives!



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Starting school?

Let's work together so your child is successful!

Too often in all the excitement, children with autism start school before they're actually ready. They're the right age, but they can lack the social skills they need to manage the school environment. It's a big transition for any kid! As ABA therapists with more than 20 years of experience, we can help your child make a smooth transition to school, continue to progress in the classroom, and even make friends.



Steps for School Success

1

Do your homework beforehand.

We use the Verbal Behavior Milestones Assessment and Placement Program (VB-MAPP) to guide parents on their child's readiness for school and identify any gaps in a child's development.

2

Reduce your child's ABA therapy hours gradually.

We don't want to see your child's progress slow down or regress once they're in school. A gradual reduction also makes insurance authorization for hours easier to attain.

3

Make use of state laws* allowing for school absences.

In Texas and Colorado, an excused absence is allowed for behavioral services, like ABA therapy. Our Social Skills Groups are ideal for school-aged children. (*See Texas Education Code (TEC) §25.087(b)(2) and Colorado SB20-014)

4

Tell us about any challenges your child is having.

Our ABA therapy services can help your child in all areas of life, such as sleeping and eating challenges that can impact school success.

5

Get us involved in the IEP/ARD process if needed.

We work alongside parents and advocate for their children to receive the attention and education they need at school.

Give your child everything they need to make the grade.

Contact us today!



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We can make a difference!



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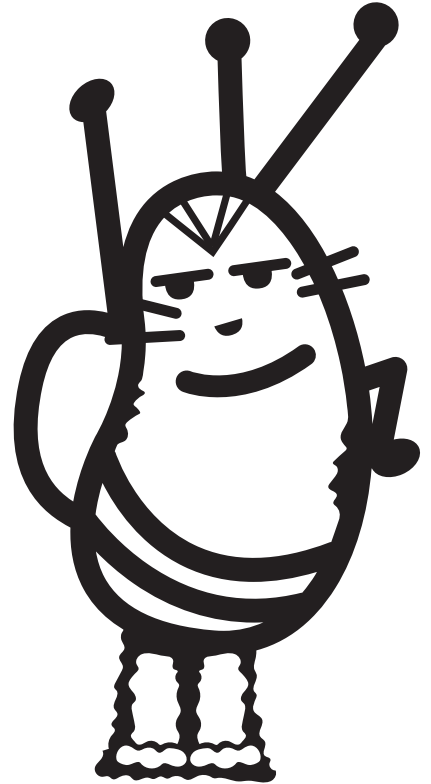
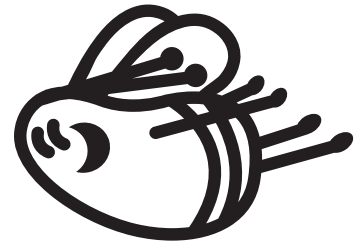
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