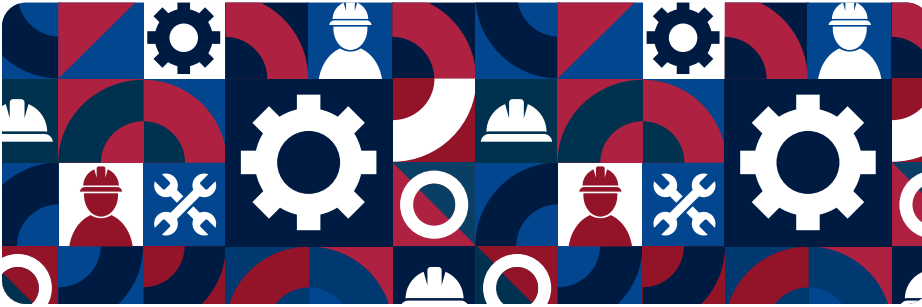




SEE WHAT'S HAPPENING AT OUR HIVES:



Music heals and lifts the spirits

As September approaches, I often find myself returning to a favorite song that never fails to lift my spirits— “September” by Earth, Wind & Fire. There’s something magical the way the rhythm and melody can turn my day around. The stress melts away, joy and optimism filling me. It’s a reminder of how powerful music can be, not just as a form of entertainment, but as a tool for our emotional and mental well-being.

At The Behavior Exchange, we recognize that life can be challenging for the families we serve, especially when navigating the challenging complexities of raising a child with autism. Stress and anxiety can easily build up, making it hard to find moments of peace. That’s why finding small but meaningful ways to bring calm and happiness into daily life is important. Music is one of those tools that can make a big difference. Whether it’s a favorite song that brings comfort or a tune that inspires movement and play, music has the ability to create a positive shift in mood and energy for both children and parents.

We’ve seen firsthand how incorporating music into therapy and daily routines can have profound effects. For some children, music becomes a way to express themselves when words are difficult. For others, the steady beat of a familiar song provides a soothing sensory experience that helps them feel more grounded and secure. Music can also be a fun and engaging way to practice skills, from language development to motor coordination. By making music a part of your family’s routine, you’re not just enjoying a moment of fun—you’re also building connections and creating opportunities for growth.

As we step into September, I encourage you to find that song that makes your worries fade, even if just for a moment. Whether it’s “September” by Earth, Wind & Fire or another tune that resonates with you, let music be a source of comfort and joy in your life. And if you have a song that brings you peace, we’d love to hear about it. Share your musical favorites with us, and let’s continue to find harmony and happiness together.

Email us: BUDDY@BEHAVIOREXCHANGE.COM

(Continued on next page)

In this Issue:

- MUSIC IS HEALING
- MESSAGE OF THANKS
- LABOR DAY
- SATURDAYS ROCK!
- SCHOOL
- POKEMON CREATOR

Calendar

9/2: Closure: Labor Day

9/9: National Teddy Bear Day

Quote of the day



“What you do today can improve all your tomorrows.”

—Ralph Marston

Get to know us!

Here’s this month’s spotlight on an amazing member of the TBE team!

Please meet, **Sarah, RBT, Prosper Hive.**

Favorite Song: Currently, it’s Good Dayz by SZA.

Favorite Movie: Alice in Wonderland

Fun fact about you: I’m left-handed!

Hobbies: Rock climbing, cooking, gaming, reading

Why did you choose to work in ABA

(Continued on next page)





Labor of love

In honor of Labor Day, we want to extend our deepest gratitude to our incredible team of RBTs, therapists, BCaBAs, BCBAs, and all our administrative staff. What they do is truly a labor of love, and their dedication makes a meaningful difference in the lives of the families we serve. We want to thank them for their unwavering commitment to helping our clients thrive! And Happy Labor Day!



Closure: Monday, September 2.

Just a friendly reminder we will be closed on Monday, September 2nd, in observance of Labor Day. Happy Labor Day y'all!

Social Saturdays

Social skills are so important for kids with autism, helping them connect, communicate, and build friendships. That's why we offer Social Saturdays at The Behavior Exchange! Our fun, structured sessions give kids the chance to practice and improve their social skills in a supportive environment. Led by our expert and caring team of RBTs and BCBAs, your child will learn to navigate social situations and make friends, all while having a great time. Come join us and see your child's social skills shine. [SIGN UP TODAY!](#)

School absences

Did you know that in Texas and Colorado, an excused absence is allowed for behavioral services, like ABA therapy? Our Social Skills Groups are ideal for school-aged children. Learn more about excused absences by clicking [HERE](#) for Texas and [HERE](#) for Colorado. To learn more about a successful transition into school, take a look at the flyer on pg. 6, and/or talk to your BCBA.

Satoshi Tajiri, and Pokémon

Have you read our blog lately? It contains tons of useful information, mostly related to autism. We have a frequent series called Stories of Hope, where we dive deeper into the lives of famous people. In our latest entry, you'll learn about Satoshi Tajiri, the man with autism who created Pokémon. Read it [HERE](#) and start collecting our blog posts if you haven't done so already! If you have an idea for a blog post, a topic you'd like to read about, or if you want to contribute, let us know at BUDDY@BEHAVIOREXCHANGE.COM



(Continued on next page)

therapy with children with autism— what's your superhero origin story?

I was a junior high teachers assistant for special education classes. I was introduced to psychology through that and my academic path in that subject took off.

What's your favorite part about working at The Behavior Exchange?

Seeing small changes in the children that I know heavily impact their life outside of TBE.

Did you know?



Watson Bear is our mascot in our beautiful Boulder Hive!

He's a huggable teddy bear, who loves honey, exploring, and hibernating in the mountains of Colorado. Somedays, you can find him taking a nice stroll in foothills of the Flatirons, or sometimes, he likes chilling out in the Rockies. His BBF is Buddy Bee, our faithful, energetic, and super friendly mascot. Their friendship is one of collaboration, understanding, and good ol' palling around. **September 9th is National Teddy Bear Day!**

Fun Facts

About Teddy Bears!

- Teddy Bears are named after American President Theodore "Teddy" Roosevelt.
- After the Titanic sank in 1912, German toy company Steiff created 500 teddy bears to honor the victims. The "mourning bears" were black with red-rimmed eyes to show their sympathy. They now sell for \$20,000 or more in auctions.

(Continued on next page)





THE BUZZ AROUND DFW:



State Fair of Texas

Get ready to have a blast at the biggest fair in the country, starting this month through October 20. Along with all the amazing attractions, every Wednesday morning of the State Fair will be designed especially for visitors with sensory needs. Adjustments will be made across the fairgrounds, and you'll be able to enjoy all the fun of the Midway without the usual lights and sounds from 12 p.m. to 1 p.m. There will also be a few "Quiet Zones" throughout the grounds to escape to if your kiddo needs time away from the excitement. Bonus: Wednesday is also the best discount day. Bring five canned-food items to donate to the North Texas Food Bank and admission is only \$5! [LEARN MORE](#)

Plano Balloon Festival

The Plano Balloon Festival has a way of lifting spirits, with the display of color and majesty of 30 hot air balloons ready to take off for adventures unknown. This 4-day festival will also feature sky divers, live music, fireworks and drone show, as well as a Kidz Fun Zone with slides, obstacle courses, pirate ship, make and take art activities, and an area to explore symphony instruments. There will also be tethered balloon rides for ages 6 and up, where you can experience the fun 20 feet up while still attached to ground. September 19-22. [LEARN MORE](#)

Dallas Moon Festival

This first annual mid-autumn Asian Heritage celebration explores the rich tapestry of Asian culture and promises to transport you to the heart of Asia through authentic Asian street food, traditional dance and music, shopping, interactive workshops, and lots of fun activities for kids. It's free and all are welcome! September 7, 4-9 pm. [LEARN MORE](#)

Addison Oktoberfest

Experience the original Bavarian celebration with a purely Texan twist! The Addison Oktoberfest has been a local tradition for more than 35 years, where families can don dirndls and lederhosen or have just come as they are and enjoy four days of revelry in German culture, food, music and beer. Dozens of polka bands and other traditional entertainers from around the country perform with continuous entertainment on multiple stages. There will also be lots of free, hands-on activities and fun for kids, including arts & crafts, airbrush tattoos, Root Biergarten, chalk walk art, and more. September 19-22. [LEARN MORE](#)

(Continued on next page)

• Winnie the Pooh was based on a real bear. A Canadian soldier bought a black bear cub from a hunter during World War I, and the animal became a pet and mascot for his troop. The bear, named Winnipeg, later was given to the London Zoological Gardens. Christopher Robin Milne, Winnie-the-Pooh author A.A. Milne's son, took such a liking to her that he named his teddy bear after her.

• The smallest commercially available stitched teddy bear is a mere 0.29 inches tall. Made by South African "microbear" maker Cheryl Moss. Cheryl's largest creations are just taller than half an inch.

• The world's largest stitched teddy bear was made in 2008 in America, where bigger is better. The 55-foot-4-inch creation is named C.T. Dreams, which stands for Connect the Dream. You can visit it at the Exploration Place in Wichita, Kansas.

• Magellan T. Bear became the first teddy bear in space when he boarded Space Shuttle Discovery in 1995. But he was not just a bear on holiday, he was the "education specialist" on the mission, having been a project for a Colorado elementary school. This teddy bear later flew around the world even visiting the South Pole.

• A person who is very fond of or loves collecting teddy bears is called an Arctophile. The word arctophile combines the Greek words arctos (bear) and philos (loving/fond of).

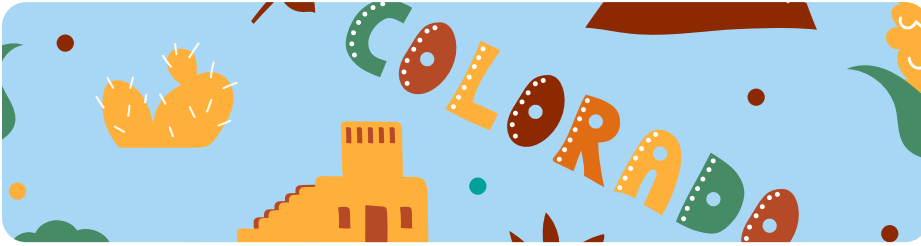
• Speaking of arctophiles- American multi-billionaire investor Paul Greenwood owned the largest collection of teddy bears. In 2010, the US government auctioned his collection of 1300 teddy bears at Christie's for £1.1 million or \$1.45 million.

(Continued on next page)





THE BUZZ AROUND BOULDER:



Boulder Bee Fest

The 10th Annual Bee Boulder Festival is sure to be buzzing with excitement as it once again brings together families in celebration of all that bees do for the world. This year's Bee Boulder Festival will feature two performances by music and nature storytellers Jeff & Paige, along with guided arts and crafts activities for the kiddos. Everyone can learn more about these fascinating pollinators at the various booths across the venue and get inspired with new ideas for how you can create a positive impact, too. There will also be delicious bee-inspired foods, and time to enjoy live music on the Central Park West lawns. Prizes will be given out all day, so plan to stick around a while and experience all there is to offer at this festival.

September 28, 10am-2pm. [LEARN MORE](#)

Downtown Boulder Fall Fest

Treat your whole family to a trip down to Pearl Street Mall in downtown Boulder for the Downtown Boulder Fall Fest, complete with an awesome mix of good food, entertainment, and activities for all ages. Across from Pearl Street Mall, handmade goods will be on display and for sale by local artisans. Arts and crafts, along with many other fun activities, promise to keep both kids and adults busy all day. Many come down to browse the handmade goods, and then pick up lunch to enjoy while listening to live music. Others spend all day here. Either way, it's sure to be a great time. September 13-15. [LEARN MORE](#)

Corn Maze at Chatfield Farms

This a-maze-ing event from the Denver Botanic Gardens offers great seasonal fun for everyone. The main attraction this year is a 7-acre maze that celebrates Colorado wildlife and features lots of fun twists and tricky turns as well as a 15-foot bridge to get a birds-eye view. There's also a mini-maze for the kiddos to explore, along with barrel train rides, freshly squeezed lemonade, funnel cakes, corn dogs, and roasted nuts. If you have time, you can also take in Deer Creek Discovery, a wildlife observation area and with barnyard friends.

September 20-October 27. [LEARN MORE](#)

- Japanese company Fujitsu has manufactured a teddy bear robot for adults that can make simple gestures and even small talk with humans.
- The term "bear hug" meaning a tight embrace was first used in 1846, almost 60 years before teddy bear was "born".

TED talk

A word game to communicate in any language.

Ajit Narayanan. February 2013.

While working with kids who have trouble speaking, Ajit Narayanan sketched out a way to think about language in pictures, to relate words and concepts in "maps." The idea now powers the FreeSpeech app, which can help nonverbal people communicate. View the talk [HERE](#).

Extra! Extra! In the news



Michael Bono is carving out his own independence while serving his community. Learn more about how this young man living with autism becomes valued member of police department in Massachusetts. Click [HERE](#).





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 <i>World Day of Peace</i>	CLOSED: Labor Day • Plano ISD no school • Frisco ISD no school • Prosper ISD no school • Boulder Valley SD no school	3 • Frisco ISD no school	4	5 <i>Cheese Pizza Day</i>	6 Dress-Up Friday Wear your favorite football team. <i>National Reading Day</i>	7 Saturday Services Frisco Hive 9:00am-3:00pm <i>International Day of Clean Air For Blue Skies</i>
8 <i>Grandparents' Day</i>	9 <i>National Teddy Bear Day</i>	10	11 <i>Patriot Day</i>	12	13 Dress-Up Friday Favorite Story Book Character—Wear something that represents them. <i>Mindfulness Day</i>	14 Saturday Services Frisco Hive 9:00am-3:00pm
15	16 <i>Stepfamily Day</i> <i>Mawlid-at-Nabi</i>	17 <i>Citizenship Day</i> <i>Mawlid-at-Nabi</i>	18	19 <i>International Talk Like a Pirate Day</i>	20 Dress-Up Friday Crazy Hat Day.	21 Saturday Services Frisco Hive 9:00am-3:00pm <i>World Gratitude Day</i>
22 <i>Autumn Equinox</i>	23	24 	25 <i>Daughters Day</i> <i>World Dream Day</i>	26 <i>National Pancake Day</i>	27 Dress-Up Friday Pajama Day! • Boulder Valley SD no school <i>Native American Day</i>	28 Saturday Services Frisco Hive 9:00am-3:00pm <i>Silly Questions Day</i>
29	30	<div data-bbox="597 1562 1047 1659" data-label="Text"> <p>Did you know? Fun and interesting facts for the whole family!</p> </div> <div data-bbox="954 1612 1047 1724" data-label="Image"> </div> <div data-bbox="1019 1472 1549 1816" data-label="List-Group"> <ul style="list-style-type: none"> • Human noses and ears never stop growing. • The human heart beats 115,000 times a day. • Women's hearts beat faster than men's. • Apples are actually a part of the rose family. • The planet Neptune's days are 16 hours long. • Humans lose about 50-100 hairs a day. • Human teeth are as strong as shark teeth! • Boys have fewer taste buds than girls. • You can still see traces of Neil Armstrong's footprints on the moon. • It takes your body about 12 hours to fully digest food. </div>				

All times are in Central Standard Time Zone (CST).
Some dates and events are subject to change.
Prosper ISD 2024-2025 calendar not available as of printing of this calendar.



Starting school?

Let's work together so your child is successful!

Too often in all the excitement, children with autism start school before they're actually ready. They're the right age, but they can lack the social skills they need to manage the school environment. It's a big transition for any kid! As ABA therapists with more than 20 years of experience, we can help your child make a smooth transition to school, continue to progress in the classroom, and even make friends.



Steps for School Success

1

Do your homework beforehand.

We use the Verbal Behavior Milestones Assessment and Placement Program (VB-MAPP) to guide parents on their child's readiness for school and identify any gaps in a child's development.

2

Reduce your child's ABA therapy hours gradually.

We don't want to see your child's progress slow down or regress once they're in school. A gradual reduction also makes insurance authorization for hours easier to attain.

3

Make use of state laws* allowing for school absences.

In Texas and Colorado, an excused absence is allowed for behavioral services, like ABA therapy. Our Social Skills Groups are ideal for school-aged children. (*See Texas Education Code (TEC) §25.087(b)(2) and Colorado SB20-014)

4

Tell us about any challenges your child is having.

Our ABA therapy services can help your child in all areas of life, such as sleeping and eating challenges that can impact school success.

5

Get us involved in the IEP/ARD process if needed.

We work alongside parents and advocate for their children to receive the attention and education they need at school.

Give your child everything they need to make the grade.

Contact us today!



972.312.8733



enroll@behaviorexchange.com

We can make a difference!



The Behavior Exchange®
What could be, can be.®



Proud to be a Behavioral Health Center of Excellence®

972.312.8733 TX | 720.647.8541 CO



behaviorexchange.com



enroll@behaviorexchange.com



North Texas | Colorado



Family Owned & Operated

SBA WOSB Member Since 2020

Woman Owned Small Business



ACE Provider



Member Since 2020



Education Partner

Watson Bear Color me!



STATS:

Name: Watson Bear

Age: 5, or 56. Best not to know

Height: Kinda tall

Weight: Never ask a bear this question, how rude

Family: Ursidae

Genus: Ursus

Species: Americanus

Common name: Black bear

Diet: Carniverous. Probably fish and Ding Dongs

Favorite hobby: Hunting for honey and hacky-sack