



## SEE WHAT'S HAPPENING AT OUR HIVES:



## February, love is in the air.

With the holidays safely tucked away in attics and photo libraries on our phones, 2023 is in full stride. Now we look forward with hope to all that lies ahead.

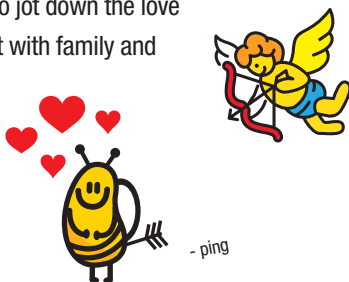
According to the Chinese Zodiac, 2023 is the Year of The Rabbit, bringing us prosperity, hope, and calm. We're certainly looking forward to some calm after the unfortunate events these past few weeks at our Frisco Hive. To all the families who were affected, THANK YOU for your patience and understanding!

The month of February helps us remember that love makes all the difference. Cupid takes the spotlight as his arrows go to work, igniting romances from Texas to Jakarta. But love can take many forms and change us all for the better.

As the song goes, "Love is all around us." It's in the kiss your child gives you when they get home from school. It's seeing an elderly family member dance to their favorite song or seeing your best friend karaoke the heck out of a song. Love is losing yourself on a walk — you, your dog, and the fresh air.

Love is beautiful. Love is hard. It's also messy, wonderful, frustrating, engaging, and exciting. Love can last a lifetime or it can come up on you, spark a firestorm within you, and be gone as quickly as it arrived. It's a mysterious force that moves all around us, guiding us, inspiring us, challenging us to be our best version of ourselves.

This month, take a few minutes during each day to jot down the love you saw or felt. Keep the list to yourself or share it with family and friends as inspiration. Here's to love!



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## IN THIS ISSUE:

- LOVE ALL AROUND
- SUMMER REQUEST FORMS
- GROUP PARENT TRAINING
- BLACK HISTORY MONTH
- BUZZING AROUND DFW/COLORADO

## TBE Calendar

**2/8:** GPT Class: We Need Help With "Waiting"

**2/8:** GPT Class: BCBA Follow-up and Parent Share

**2/11:** GPT Class: Make and Take Workshops

**2/13:** Summer Schedule Request Forms sent out

**2/14:** Valentine's Day

**2/20:** President's Day-WE ARE OPEN

**2/23:** GPT Class: We Need Help With "Waiting"

**2/25:** GPT Class: BCBA Follow-up and Parent Share

For all the important dates in one place, be sure to pick up our printed calendar! You can also log on to our site and view selected events: [CLICK HERE](#)

## Quote of the day

**"Love many things, for therein lies the true strength, and whosoever loves much performs much, and can accomplish much, and what is done in**

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## Summer Schedule Request Forms

Calling all families, summer planning is here!

A SimpleText will go out to all families regarding **Summer Schedule Request Forms** by **Monday, February 13**. Please **return them on Friday, March 3rd**

and get started on your summer planning.

## Group Parent Training (GPT)

Parents, grandparents, and guardians! This February, we are offering 3 GPT classes:

**We Need Help With: *Waiting*.** Telehealth class, 1-hour.

First class of a 4 class series: "We Need Help With", "Waiting" is designed for all parents/guardians who have issues with their child tantruming because they must wait. Class times:

- Wednesday, February 8, 12-1pm (Telehealth).
- Thursday, February 23, 6:30-7:30 pm (Telehealth).

**Make and Take Workshops: *Visual Schedules*.** In-Person, 3-hours.

Join us for a unique class where parents will learn about *Visual Schedules* that help reduce problem behavior and increase compliance. Our BCBA's will help each parent create a personalized *Visual Schedule* for their child to use at home. Class time:

- Saturday, February 11, 12 pm–3 pm. Location: TBD.

NOTE: This class is for just 1 parent per family due to limited space and the make and take nature of the class.

**BCBA Follow-up and Parent Share.** In-Person, 3-hours.

For parents who have attended The Tantrum Reduction Class, ABA Basics Workshop or any in-person group parent training class. "Questions and Answers" with the BCBA" (Carla Smith) using guided notes and protocol revisions. "Parent Share" session with parents who have been using the training and want to share successes, struggles, ideas and tips—moderated by the BCBA with a series of open-ended questions. Class times:

- Wednesday, February 8, 9:30 am–11:30 am. Location: TBD.
- Saturday, February 25, 12:30 pm–2:30 pm. Location: TBD.

**\*\*\*\*\*Please keep an eye out for GPT flyers with the latest information about our February classes\*\*\*\*\***

## February is Black History Month

Black History Month is an annual celebration of achievements by African Americans and a time for recognizing their central role in U.S. history. Also known as African American History Month, the event grew out of "Negro History Week," the brainchild of noted historian Carter G. Woodson and other prominent African Americans. Since 1976, every U.S. president has officially designated the month of February as Black History Month. Other countries around the world, including Canada and the United Kingdom, also devote a month to celebrating

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**love is done well."** – Vincent van Gogh

## Our BCBA's recommend

**Do you have a picky eater in your family? Listen to this podcast!**

The Autism Helper Podcast is a recommended listen by our very own Kally Tejada (BCBA). In this episode, Jenny Friedman MS, RD, a dietitian who helps families overcome picky eating and extreme pediatric feeding challenges, shares tips and strategies for how to handle food anxiety, sensory disorders, and repeated refusal. She covers why eating and mealtimes can be stressful and what caregivers and educators can do to make the process less aversive.

[LISTEN HERE](#)

## Did you know?



**Little-Known Black History Facts You May Not Have Learned in School.**

- The creator of Black History Month was historian Carter G. Woodson. Often referred to as the "Father of Black History," he was notably the second African American to graduate from Harvard University with a doctorate degree, and is credited with being one of the first scholars to study and research the history of African Americans.

- Phillis Wheatley was the first African American to publish a book of poetry, *Poems on Various Subjects, Religious and Moral*, in 1773. Born in Gambia and

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Black history.

## THE BUZZ AROUND DFW:



### Penguin Days at Dallas Zoo

January 1, 2023 to February 28, 2023. Penguin Days are back. The temperature and the admission price may be dropping, but the fun is not stopping! Penguin Days are back again in January and February with \$8 daily general admission for all ages. Advance tickets are required. Visit [dallaszoo.com](https://dallaszoo.com) for the daily Keeper Chat schedule and be sure to check out these animal encounters and special experiences along the way as you discover the 2,000-plus animals at Dallas Zoo. [LEARN MORE](#)

### Instrument Petting Zoo

January 6, 2023 to April 07, 2023. 03:00 PM until 05:00 PM. This event occurs monthly, on the first Friday of every month. Come to Explorium Denton on first Fridays to play music with Tanya Blum of Coyote Music Studio. Instruments in this musical petting zoo include drums, xylophones, piano, recorders, ukuleles and guitars. Future dates: February 3, March 3, April 7. [LEARN MORE](#)

### Don't Let the Pigeon Drive the Bus!

Saturday, February 4, 1:30pm (**sensory-friendly performance**) and 4:30pm. Dallas Children's Theater presents Don't Let the Pigeon Drive the Bus! Musical, based on the book by Mo Willems, creator of the #1 New York Times bestselling, Caldecott Honor award-winning Pigeon picture books. This zany show is ready to take audiences for the ride of their lives. [LEARN MORE](#)

### Frost Fest

February 18, 2023. 10:00 AM until 01:00 PM. The cold weather fun comes back to Irving for 2023 with the annual Frost Fest. This free winter festival features tons of fluffy snow, a rarely seen occurrence here in Texas. Come enjoy the cool side of winter, without the freezing rain and slick roads. This snowy, activity-packed event includes:  
Snow tubing hills (riders must be at least 42 inches tall). Two snow play areas. Giant snow globe inflatable and Winter Wonderland bounce houses. Face painters and balloon artists, and more! [LEARN MORE](#)

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sold to the Wheatley family in Boston when she was 7 years old, Wheatley was emancipated shortly after her book was released, "Douglass, an American Slave."

- Renowned singer and jazz pianist Nat King Cole was the first Black American to host a TV show: NBC's The Nat King Cole Show.

- Computer scientist Lisa Gelobter assisted with the 1995 creation of Shockwave, essential technology that led to the development of web animation. (So we have her to thank for GIFs.)

- In 1908, after winning the 4 x 400 meter relay, John Taylor became the first African American to win gold in the Olympics. And in 1948, Alice Coachman became the first Black woman in the world to win an Olympic gold medal while competing in the high jump.

- Founded in 1984, the Bill Pickett Invitational Rodeo is the only touring African American rodeo in the world.

- First published in 1936, "Negro Motorist Green Book" was a comprehensive guide for Black travelers about locations across America—and eventually overseas—that were either Black-owned or didn't engage in segregationist practices. The guide was printed for 30 years. It stopped publication in 1966, two years after the Civil Rights Act was passed.

- It's estimated that around 100,000 enslaved people escaped to the North via the Underground Railroad from 1810 to 1850.

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## THE BUZZ AROUND BOULDER:



### Kids Night Out– Full Moon

Friday, February 3, 5:30-9:00 p.m. Caregivers, drop off your child (ages 7-12) for an evening spent celebrating the (almost) full “Snow Moon” with a night hike, fun activities, and a craft. Bear Creek Nature Center. [LEARN MORE](#)

### Family Storytime at Longmont Public Library

Every Friday in February. A 30-minute Friday fun storytime designed for children of all ages and their grown-ups! This storytime will include longer picture books, so expect a little more sitting and listening. Silly singing and movement will also be included. [LEARN MORE](#)

### PAW Patrol Live! “The Great Pirate Adventure” - Denver

February 4 - 5, 2023. Set sail for adventure with the pirate pups of the PAW Patrol! They arrrr dressed as pirates for their new high-seas mission aboard the Sea Patroller to save their mateys, Carlos and Tracker, and find some pirate treasure too! It's Pirate Day in Adventure Bay and Ryder will need all paws on deck as he and the PAW Patrol discover a secret treasure map while on a mission to rescue Cap'n Turbot from a mysterious cavern. It's up to Chase, Marshall, Skye and all their heroic pirate pup friends to save the day and find the pirate treasure before Mayor Humdinger finds it first! [LEARN MORE](#)

- In July 1777, Vermont became the first colony to ban slavery.

[LEARN MORE](#)

**Extra! Extra!**

### Autistic boy gifted \$15,000 piano from stranger.

Jude Kofie had never had a piano lesson, but had a gift for playing. A stranger heard him play and surprised him with a grand piano. Steve Hartman shares more in “On the Road.” [LEARN MORE](#)



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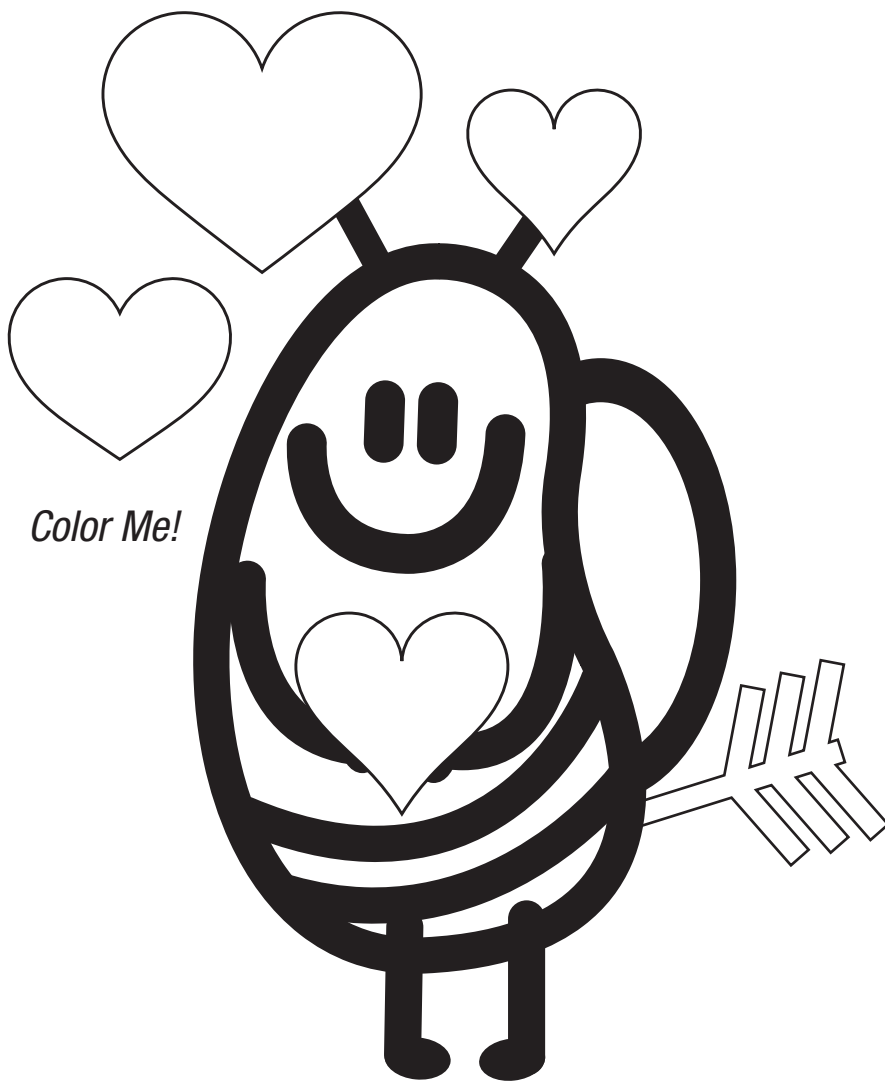
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Color Me!

Connect Me!

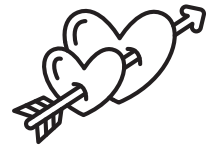
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A circular inset image showing a woman with dark curly hair and a young girl with dark hair looking at a tablet together. They are both smiling and appear to be in a tent or a similar cozy setting. The woman is pointing at the screen, and the girl is holding the tablet. The image is warm and intimate.

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