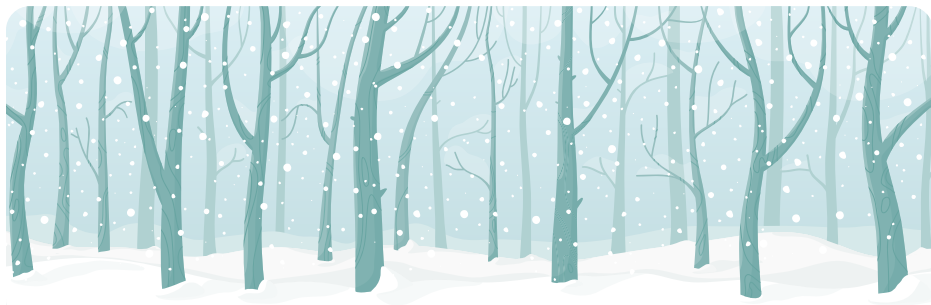




## SEE WHAT'S HAPPENING AT OUR HIVES:



### 2023

With a brand new year ahead and new possibilities shining bright for everyone, it's the perfect time to take stock of last year to remember how far we've come and reflect on all the hard work, accomplishments, fun events, and peaks and valleys that we experienced along the way.

At the start of the year, we were heartbroken about the devastating property loss the amazing and resilient people of Superior, CO, faced after the late December 2021 fires. We count our lucky stars that our beautiful Boulder Hive in Superior remained intact, and we were able to reopen the doors on January 10th. Around the same time, we welcomed our incredible, dynamic, and new president Matt Rubin to the TBE family! He has been a rock to our team, and we're so thankful to have him with us.

**BHCOE!** In March, we became the **only ABA therapy provider in all of North Texas** and **one of only 5 in Colorado** to earn the coveted 3-YEAR accreditation as a Behavioral Health Center of Excellence — the highest accreditation possible! It takes hard work, countless hours, dedication, and passion to serve our clients in a way that achieves excellence and recognition in our field. Luckily we had the amazing leadership of our fearless CEO Tammy Cline-Soza to help. Big THANKS to all the families who participated in the anonymous client survey that was part of the accreditation process.

Summer Camp was another busy-bee season with new faces and families joining us for the first time and many returning kiddoes from summers past. As the season came to end, excitement was building for our brand new, gorgeously designed, perfectly fun Prosper Hive. On September 6th, a hot Tuesday morning, we opened our doors to this amazing new location — our fourth! Please, if you haven't visited, ask us for a tour. It's so awesome, we can't help but gush over it!

Speaking of our newest hive, it was the ideal location of our inaugural Halloween Celebration Open House on Saturday, October 29th. We saw superheroes, goblins, and witches, and all had

*(continued on next page)*

### IN THIS ISSUE:

- A LOOK BACK AT 2022
- MARKETPLACE LAST CHANCE
- MLK JR CLOSURE
- GROUP PARENT TRAINING
- OSCAR INSURANCE REMINDER
- BUZZING AROUND DFW/COLORADO

### TBE Calendar

**1/2:** Closure: New Year's Day

**1/10:** GPT Class: Intro to ABA

**1/11:** GPT Class: BCBA Follow-up

**1/16:** Closure: MLK Jr. Day

**1/15:** Marketplace last day to sign up

**1/21:** GPT Class: Intro to ABA

**1/21:** GPT Class: How to Make Reinforcement Payoff

**1/28:** GPT Class: How to Make Reinforcement Payoff

**1/28:** GPT: BCBA Follow-up

For all the important dates in one place, be sure to pick up our printed calendar! You can also log on to our site and view selected events: [CLICK HERE](#)



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a wonderful time! Once all the trick or treating was done, we flipped the calendar to November. Cool weather, falling leaves, and Autism Walk events! November is Thanksgiving month and as always, we are forever thankful you have chosen us to serve and help your family.

And finally, December. Our holiday staff celebrations were welcomed back after a couple years of social-distancing. As always, the highlight of this night is reading the kind and beautiful messages families sent us for the occasion. We thank you from the bottom of our hearts for these letters! It's a wonderful treat to let all of our staff members know their work makes such a deep impact.

As we say goodbye to 2022, we again say THANK YOU for trusting us with your children and your family's well-being. We are grateful and so thankful for you all! We wish you much prosperity, and hope this new year will be your best one yet!

#### \*\*\*\*UPDATE\*\*\*\*

As of Friday, December 23rd, our Frisco Hive has again suffered some damage related to frigid temps. We are once again asking all of our families for patience and understanding as we make repairs in a timely manner.

### Health Insurance Marketplace last day: January 15th

If you currently have a plan through the Health Insurance Marketplace, now's the time to renew your policy and secure continued ABA therapy coverage for 2023. Consider a Child-Only policy through the Marketplace for ABA coverage in the new year if your current employer's plan excludes ABA therapy coverage. If you have any questions, please feel free to contact our insurance expert, Danielle Merck. She will be more than happy to answer any questions you may have. Find her at: [danielle@behaviorexchange.com](mailto:danielle@behaviorexchange.com). January 15, 2023 is the last day you can sign up for coverage that starts February 1.



### MLK Jr./Civil Rights Day Closure

**Monday, January 16th. All hives.**

We will be closed this Monday in observance of the late Reverend Martin Luther King, Jr.

### Group Parent Training (GPT)

Calling all parents, grandparents, and guardians. We will be offering 3 classes in the month of January:

- **Intro to ABA.** (Telehealth)

Is your family new to TBE or new to ABA? Do you have questions about ABA or would like to learn more about ABA? In this class you will learn: The facts about autism from the available science. What is Applied Behavior Analysis (ABA)? How can ABA help support my child and my family? And much more!

*(continued on next page)*

### Quote of the day

**"We will open the book. Its pages are blank. We are going to put words on them ourselves. The book is called Opportunity and its first chapter is New Year's Day."** — Edith Lovejoy

Pierce

### Did you know?



We've kept all of our newsletters in case you missed one and want to go back and read it. Click on this [LINK](#) to see all past issues.

### Did you know?



### Things You May Not Know About Martin Luther King Jr.

King's 'I Have a Dream' Speech Was Not His First At the Lincoln Memorial — six years before his iconic oration at the March on Washington, King was among the civil rights leaders who spoke in the shadow of the Great Emancipator during the Prayer Pilgrimage for Freedom on May 17, 1957. Before a crowd estimated at between 15,000 and 30,000, King

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• **How to Make Reinforcement Payoff.** (In-Person) For all parents, grandparents and caregivers. Topics will include: Learn the A-B-Cs of Reinforcement. Learn how to make a good consequence even better. Oops, I reinforced bad behavior, now what do I do? Measuring behavior leads to success. And more!

• **BCBA Follow-up and Parent Share.** (in-Person) If you've attended any of our Group Parent Training events in the last 4 months, you are invited to attend this exciting follow-up class. This will include: Follow-up Session — Questions and Answers with the BCBA's. Parents can ask questions about anything you've learned so far in one of our GPTs. Follow-up Session Break — A coffee, tea, and snack break where parents can interact with each other individually. You can meet other parents who are on the same journey and know that you are not alone! And more!

Please keep an eye out for GPT fliers with information about signing up.

### Oscar Health insurance update

Please take note of a recent update to Oscar Health Plan's network. Oscar has announced they are narrowing the behavioral health network and excluding/removing certain provider groups. **Beginning January 1st, 2023, The Behavior Exchange will no longer be considered an in-network provider with Oscar Health Plans.** We encourage you to collaborate with your health insurance broker to review available options for your 2023 insurance coverage. If you have any questions, please do not hesitate to contact our team.

### THE BUZZ AROUND DFW:



#### The Science Behind Pixar

November 16, 2022 to September 04, 2023. Perot Museum of Nature and Science. Ever wonder what goes into the making of a Pixar film, particularly how character favorites like Buzz Lightyear, Mike, Sulley, and Dory are created and brought to life? Making its Texas debut at the Perot Museum of Nature and Science, The Science Behind Pixar offers a unique look into the Pixar process. Exploring the almost 10,000-square-foot exhibition, visitors will learn about the science and technology needed to create their most beloved animated films and characters. [LEARN MORE](#)

#### Mickey & Friends x CAMP: An Extra Big Adventure

October 14, 2022 to February 15, 2023. With the magic words, "Meeska Mooska Mickey

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delivered his first national address on the topic of voting rights. His speech, in which he urged America to "give us the ballot," drew strong reviews and positioned him at the forefront of the civil rights leadership.

King Was Imprisoned Nearly 30 Times — according to the King Center, the civil rights leader went to jail 29 times. He was arrested for acts of civil disobedience and on trumped-up charges, such as when he was jailed in Montgomery, Alabama, in 1956 for driving 30 miles per hour in a 25-mile-per-hour zone.

To learn more about Dr. Martin Luther King, Jr, [CLICK HERE](#).

### Extra! Extra!

**Dream day for bullied teen with autism.** Read how social media helped a teen have a dream day after an incident with a bully left him a broken wrist.

[LEARN MORE](#)



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Mouse,” and your child’s on screen dreams will appear in an immersive, one-of-a-kind indoor experience at the Dallas’ CAMP location with Mickey and his friends. Created by CAMP, the experts in all things family fun, kids of all ages, will be able to climb, slide, bounce, and dance their way through a unique themed and narrated-driven adventure. The play experience opens the imagination to tell a story that the campers SHRINK to the size of something as small as a crayon. The Sensational Six (Mickey, Minnie, Donald, Daisy, Goofy and Pluto) need your help to get back to normal before the big birthday bash. [LEARN MORE](#)

### Sensory Friendly Mornings at Explorium Denton

August 13, 2022 to January 14, 2023. Explorium Denton invites you to an exclusive event for children with sensory processing differences. Children with sensory friendly needs can come explore the museum when it’s not crowded and noisy. Explorium alters the light levels and display volumes for these visiting hours. Noise canceling headphones are available upon request. [LEARN MORE](#)

## THE BUZZ AROUND BOULDER:



### Tie-Dye Friday

Estes Park, CO. Jan 06, 2023 11:00 A.M. - 1:00 P.M. Every Friday at Inspired Artisan Market and Studio, make a unique and colorful tie-dye shirt. Learn different techniques and styles like stripes, spirals, and even how to make the Colorado flag. The studio provides all the materials for making the tie-dye shirts, and it costs \$20 for each person. Inspired Artisan Market & Studio, Estes Park. [visitestespark.com](http://visitestespark.com) [LEARN MORE](#)

### Sensory-Friendly Morning

Denver Art Museum. The sensory-friendly morning at the Denver Art Museum provides a safe and fun way for children with neurodiversity or sensory sensitivities to enjoy the museum. The museum opens early, has dim lights, and provides sensory tools to help children. [LEARN MORE](#)

### Seedlings: Animal Exploration with Colorado Ballet

Lone Tree Arts Center. Jan 10, 2023. Dance your heart away at the Seedlings: Animal Exploration which has exciting props and sing-along songs. Read some magnificent fairy tales and tell some of your favorite animal stories all while dancing. This event is for children and adults to explore arts, culture, and science. Children require a free ticket that you can get from the Box Office. [LEARN MORE](#)

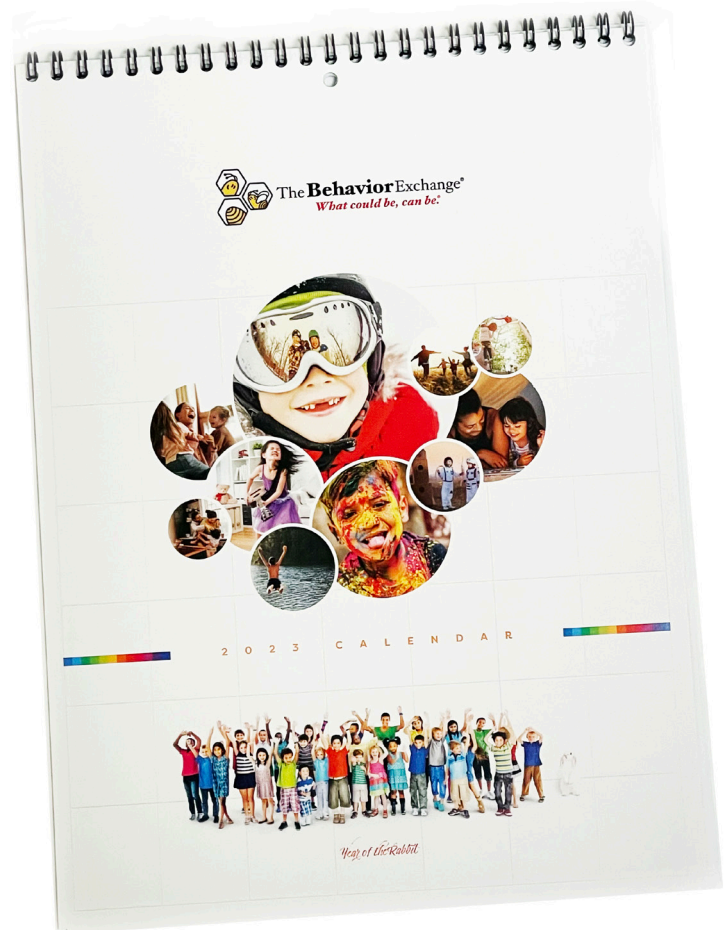




# 2023 CALENDARS ARE HERE!

As a token of our appreciation and to welcome the new year, we're giving all of our families this beautifully designed 2023 calendar!


Filled with important dates, TBE closures, funny and playful national days and more! *Bee* sure to ask your hive's center coordinator for one! THANK YOU!



*Wishing you a Happy and  
Prosperous New Year!*



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# JANUARY

{National Blood Donor Month} **HAPPY NEW YEAR!**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b>  <i>New Year's Day</i>	<b>2</b> <b>CLOSED:</b> <b>New Year's Day Holiday</b>	<b>3</b> <i>Fruitcake Toss Day</i>	<b>4</b>  Plano and Prosper ISD, Boulder Valley SD return to school	<b>5</b>	<b>6</b> <b>Dress-Up Friday</b> Winter Wonderland: wear white & sparkles	<b>7</b> <b>Saturday Services</b> Plano Hive 9:00am-3:00pm, CST
<b>8</b>	<b>9</b>	<b>10</b> <b>GPT Workshop: Intro to ABA</b> 6:30-8:30 pm TELEHEALTH  Frisco ISD returns to school <i>Houseplant Appreciation Day</i>	<b>11</b> <b>GPT Workshop: BCBA Follow-up and Parent Share</b> 10:00 am – 12:00 pm Plano Conference Room	<b>12</b>	<b>13</b> <b>Dress-Up Friday</b> Dress as your favorite pet day!	<b>14</b> <b>Saturday Services</b> Plano Hive 9:00am-3:00pm, CST
<b>15</b> <i>Makar Sankranti</i>	<b>16</b> <b>CLOSED:</b> <b>MLK Jr. Day/ Civil Rights Day</b>	<b>17</b>	<b>18</b>	<b>19</b> <i>National Popcorn Day</i>	<b>20</b> <b>Dress-Up Friday</b> Favorite Band Day: wear your favorite band or singer t-shirt!	<b>21</b> <b>Saturday Services</b> Plano Hive 9:00am-3:00pm, CST  <b>GPT Workshop: Intro to ABA</b> 9:00-11:00 am TELEHEALTH  <b>GPT Workshop: How to Make Reinforcement Payoff</b> 12:00 pm–3:00 pm Plano Conference Room <i>National Hugging Day</i>
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b> <b>Dress-Up Friday</b> Chinese New Year: wear red, gold or yellow!  <i>International Holocaust Remembrance Day</i>	<b>28</b> <b>Saturday Services</b> Plano Hive 9:00am-3:00pm, CST  <b>GPT Workshop: How to Make Reinforcement Payoff</b> 12:00 pm–3:00 pm Plano Conference Room <b>GPT Workshop: BCBA Follow-up and Parent Share</b> 9:30 am–11:30 am Plano Conference Room
<b>29</b> <i>National Puzzle Day</i>	<b>30</b>	<b>31</b>	<b>1 February</b>	<b>2</b>	<b>3</b>	<b>4</b>



**"Once you choose hope, anything's possible."**  
 - Christopher Reeve.

All times are in Central Standard Time Zone (CST).  
 Some dates and events are subject to change.



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