



SEE WHAT'S HAPPENING AT OUR HIVES:



April showers bring May flowers.

Have y'all taken a drive along a winding Texas country road or hiked a trail in Colorado recently? You absolutely should! Nature's wonder is on full display with gorgeous and plentiful wild flowers. Here in Texas, we have bluebonnets, Indian paintbrushes, Indian blankets, pink evening primrose – all kinds and all colors! Y'all go out and take some photos, 'tis the season. Spring is in full bloom and we're here for it.

The expression "April showers bring May flowers" is a perfect analogy for families with children with special needs. It highlights the importance of preparation and nurturing to help them grow and bloom. Children with special needs (although this is true to ALL children) require support and guidance to thrive, and families must be prepared to provide the necessary tools and resources to help them reach their full potential.

The preparation begins with understanding your child's unique needs. Then it's about working closely with your network of experts to establish a plan and goals tailored to your child's specific strengths and challenges.

Nurturing is also essential for families with children with special needs. It involves creating a supportive and inclusive environment that encourages your child's growth and development. The idea is to provide children with safe, comforting, and welcoming spaces, where they can explore and learn at their own pace, like our fun hives!

Just as important, success requires an ongoing commitment and dedication from families, as well as a willingness to adapt and evolve as their child grows and develops. Ultimately, by providing the necessary support and guidance, families can help their child bloom, just like the beautiful and colorful flowers we're seeing now.

Tell us your thoughts about the expression. What does it make you think of? Let us know:

buddy@behaviorexchange.com

(continued on next page)

IN THIS ISSUE:

- FLOWERS
- MOTHER'S DAY
- SUMMER CAMP!
- CLOSURES
- JOB FAIR
- MEMORIAL DAY
- GPT (GROUP PARENT TRAINING)

TBE Calendar

- 5/3:** GPT: Learning Hour: Picky Eaters
- 5/6:** GPT: Discussion *Autism 24/7*
- 5/6:** TBE Job Fair!
- 5/14:** Mother's Day
- 5/19: EARLY CLOSURE.** 3:30 pm. All hives.
- 5/20:** GPT: Reinforcements
- 5/20:** GPT: Taming Tantrums
- 5/22:** First Day of Summer Camp! Frisco Hive Only
- 5/29: CLOSURE:** Memorial Day. All hives
- 5/30:** First Day of Summer Camp! Plano, Prosper, Boulder hives ONLY

For all the important dates in one place, be sure to pick up our printed calendar! You can also log on to our site and view selected events: [CLICK HERE](#)

Our BCBA's recommend

Life, Animated

Life, Animated is a 2016 American documentary by director Roger Ross Williams. It is co-produced by Williams with Julie Goldman, Carolyn Hepburn and

(continued on next page)





Mother's Day

This year Mother's Day is on May 14. *Dads, kids...listen up:*

We're certain that y'all make mom feel special everyday of the year, but on this particular Sunday, mom needs to **feel the love** one-thousand percent. Start with letting her sleep in. Maybe a little breakfast in bed. Y'all clean the house and organize everything for her. Get creative with making her a special gift or handmade card. Take her to brunch, or maybe lunch—to her favorite spot. Schedule her a massage, a facial, something that makes her feel pampered. Flowers are always a hit. Moms are special. Make sure she knows this everyday of the year, but on this Sunday, please, let her know. See page 11 of this newsletter for a fun Mother's Day art activity.

Summer Camp at The Behavior Exchange

Whoa...is summer here already? Yep! Let's get ready for Summer Camp at The Behavior Exchange! Our camps will kick off on May 22 at our Frisco Hive, while Plano, Prosper, and Boulder hives won't start until May 30. Y'all ready? We are!



Closures and early closures.

Let's say it again: Whoa...summer is already here?! We're already getting ready for our funnest season of the year, but we wanted to let you know we will have a couple of dates to keep top of mind.

- May 19. Early Closures: All hives will close at 3:30pm.
- May 29. All hives closed for Memorial Day.

TBE Job Fair

We are having a job fair on Saturday, May 6. Come work for a family-owned and operated company! See our flyer in this newsletter for more information.

Group Parent Training (GPT)

Parents, grandparents, and guardians! This May, we're offering 4 GPT classes once again:

Autism 24/7: Parent Group Discussion. Learn from a great book and from each other! Join a BCBA-led Parent Group Discussion in an informal discussion of chapters 7-9 from the book *Autism 24/7: A Family Guide to Learning at Home and in the Community*, by Andy Bondy, Ph.D & Lori Frost, CCC/SSLP. The BCBA will present each chapter and then the group will discuss relevant information.

TBE 1-Hour Lunch & Learn: PICKY EATERS (Telehealth Only). Join our BCBA as she takes our parents and caregivers through a quick 1-hour Lunch and Learn on ideas to help with Picky Eaters. The presentation will cover: Why kids with autism can be picky eaters, texture issues, food refusal, expanding your child's menu, how to know when to worry, and where

(continued on next page)

Christopher Clements. The documentary is based on journalist Ron Suskind's 2014 book *Life, Animated: A Story of Sidekicks, Heroes, and Autism*, which tells the story of his son, Owen Suskind, who struggled with autism and learned how to communicate with the outside world through his love of Disney films. This movie was recommended by our very own and talented Cicily Oblad. Click [HERE](#) to watch the trailer.

Did you know?



Cinco de Mayo

Cinco de Mayo, or the fifth of May, is a holiday that celebrates the date of the Mexican army's May 5, 1862 victory over France at the Battle of Puebla during the Franco-Mexican War. The day, which falls on Friday, May 5 in 2023, is also known as Battle of Puebla Day. While it's a relatively minor holiday in Mexico, in the United States, Cinco de Mayo has evolved into a commemoration of Mexican culture and heritage, particularly in areas with large Mexican-American populations.

It is **NOT** Mexican independence day.

[LEARN MORE](#)

Fun facts

May The 4th Be With You!

May 4, or "May the 4th Be With You," marks a celebration of all things Star

(continued on next page)





you can go for help.

How does REINFORCEMENT work and can it help my kid? You'll hear your BCBA talk about reinforcement all the time, but do you REALLY understand the principle of reinforcement or the difference between positive and negative reinforcement (they both increase behavior)? Misunderstanding or misapplying reinforcement is the #1 way a program can go wrong, and parents can reinforce undesirable behavior all the time and not even realize it! Sometimes they think they are helping, but what they are doing is countertherapeutic. Come learn how to help your child with reinforcement.

Taming The Tantrums. Our most popular Group Parent Training (GPT) class ever! Both parents and BCBAs have requested that we offer this class again. Many caregivers who have taken this class have reported measurable decreases in their child's tantrums and success in their ability to deal with their child's problem behavior.

For info on times and dates, please see the flyer in this newsletter. If you would like to learn about a topic not previously discussed or want more in-depth discussion, let us know! We love to get feedback. buddy@behaviorexchange.com

THE BUZZ AROUND DFW:



Sensory Sensitive Sundays—Chuck E. Cheese, participating locations

January 01, 2023 to December 03, 2023. 09:00 AM until 11:00 AM. On the first Sunday of every month, participating Chuck E. Cheese locations open 2 hours early to offer a sensitive-friendly experience for guests with autism or sensory sensitivities through reduced lighting and noise, as well as trained and caring staff. The Sensory Sensory events include a trained and caring staff that work to ensure each guest has a fun-filled visit. Chuck E. experience can be very stimulating for any child, so the mission is to create an event that allows all kids to be a kid. [LEARN MORE](#)

Disney Animation: Immersive Experience

April 20, 2023 to September 04, 2023. 507 South Harwood Street, Dallas, TX, 75201.

Disney Animation: Immersive Experience is an innovative celebration that takes you inside

Wars. As most fans know, the fourth day in May became Star Wars Day because of the turn of phrase, "May the force be with you," used by Jedi masters in the movies. Here are some fun facts about the Star Wars saga:

- In the original script for *Star Wars: A New Hope*, R2D2 actually had lines in English. But that's not even the strangest part: apparently, he wasn't a nice guy. For example, here is one of his lines that he was supposed to hurl at C3PO: "You're nothing more than a dim-witted, emotion-brained intellectual. Why you were created is beyond my logic systems."
- The original plan was for Luke to turn evil and join the dark side at the end of *Return of the Jedi*. However, George Lucas scrapped the idea because he felt that Star Wars was essentially for kids, and they would have a hard time with this.
- Initially, Yoda was going to be played by a monkey who wore a mask and carried a cane (yes, seriously). However, one of the crew members also worked the film *2001: A Space Odyssey*, and he warned George Lucas and the other executives that trying to work with apes was a nightmare. They got the message, and the Yoda we all know and love was born.
- On the subject of Yoda: originally, he was going to be called Buffy. Imagine this: "Vampire you will slay, or vampire you will not slay. There is no try."

(continued on next page)

(continued on next page)



The **Behavior**Exchange® | *What could be, can be.*

972.312.8733 TX | 720.647.8541 CO behaviorexchange.com

Proud to be a Behavioral Health Center Of Excellence®



Go ahead, find us and LIKE us on:



A kind word works wonders. [G](#) | REVIEWS



the greatest films of Walt Disney Animation Studios, from their very earliest, groundbreaking features to the beloved hit movies of today. Imagine stepping into the Casita with Mirabel from Encanto, being at Pride Rock as Rafiki presents Simba – surrounded by the animal kingdom as the sun rises. Imagine hopping on a train with Judy Hopps and going into Zootopia or taking a magic carpet ride with Aladdin and Jasmine, and more. [LEARN MORE.](#)

Plano AsiaFest

May 06, 2023. 11:00 AM until 05:00 PM. Haggard Park. 901 E. 15th Street, Plano, TX, 75074. To mark Asian American Heritage Month, join nonprofit Celebrating Asian American Heritage Association on Saturday, May 6 for the 19th annual Plano AsiaFest, showcasing the rich cultures from all parts of Asia: Japan and Korea in the north; China, Taiwan, and the Philippines to the east; Vietnam and Malaysia in the south; and Bangladesh, India, and Nepal in the southeast. The festival features its usual wide variety of food vendors from area restaurants. You'll learn about Asian artistic traditions like cooking, visual art, calligraphy, martial arts, origami and fashion. [LEARN MORE.](#)

Jurassic Quest

May 12, 2023 to May 14, 2023. Fort Worth Convention Center. 1201 Houston Street, Fort Worth, TX. The largest and most realistic dinosaur exhibit in North America is back, bigger and better than ever. A herd of photorealistic dinosaurs is ready to delight families when Houston-based Jurassic Quest heads to the Fort Worth Convention Center. Dino fans will have the chance to experience Jurassic Quest's most beloved and unique indoor experiences for the whole family including realistic dinosaurs, dinosaur themed rides and attractions, live dinosaur shows, interactive science and art activities, a "Triceratots" soft play area for our littlest explorers, "The Quest" interactive scavenger hunt-style adventure for the whole family, photo opportunities, and more. Since 2013, Jurassic Quest has been touring epic dinosaur experiences treating millions of people across North America to an as-close-as-you-can-get look at the giants that ruled the Earth and sea millions of years ago. Jurassic Quest is the largest and most realistic dinosaur exhibition in North America. [LEARN MORE.](#)

THE BUZZ AROUND BOULDER:



Asian American and Pacific Islander+ Festival

May 6-7, 2023. 10:15 a.m. - 5:00 p.m. Denver Zoo. 2300 Steele St. Denver, CO 80205. In

- Harrison Ford (who according to *Family Guy* is the only actor whose career wasn't destroyed by Star Wars) wasn't originally supposed to play Han Solo. He was brought on as a helper to feed lines to auditioning actors. However, George Lucas liked him so much that he was cast in the role, and the rest is history.

- Alec Guinness (Obi-Wan) hated *Star Wars: A New Hope* so much (he called it "fairy-tale rubbish") that he initially refused to appear in *The Empire Strikes Back*. Eventually, he was persuaded, but only under certain conditions: he would work only for a single day between the hours of 8:30 a.m. and 1:00 p.m. In return, he would receive 1/4th of 1 percent of the movie's total gross. That 4.5 hours of work generated Guinness millions of dollars.

- The character of Chewbacca was inspired by George Lucas' giant Alaskan malamute dog.

To read more fun facts about our favorite space-based saga (no offense to Trekkies) click [HERE.](#)





celebration of Asian and Pacific American Heritage Month, Denver Zoo is proud to partner with the Filipino-American Community of Colorado to host our second annual Asian American and Pacific Islander (AAPI+) Festival here at the Zoo! We hope you'll join us for a day of multicultural dance, music, art, and informative workshops. Together, we will celebrate the diversity of Colorado's Asian community and the Zoo's unique connection to Asian cultures and countries through our animals and conservation programs. We encourage you to wear traditional clothing and accessories from the culture with which you identify. [LEARN MORE](#)

Kids Meditation

Great Dharma Chan Monastery. April 15, 2023 - July 29, 2023 6417 South Boulder Road Boulder, CO 80303. 3:00 PM to 5:00 PM. Recurring weekly on Saturday. Join us for the weekly Children's Meditation Class for children aged 4-12. Parents are encouraged to join in; no prior meditation experience is required. A vegetarian snack will also be provided. The ongoing curriculum will include the following: Meditation instruction, Dharma talks, Zen stories, movies, character-building activities, art & crafts, seasonal field trips, much more. Through these classes, students learn to sharpen their awareness and concentration. They will also develop a greater appreciation for the gifts of this world. [LEARN MORE](#)

TriceraTOTS: Pollinators for the WIN!

Dinosaur Ridge. 16831 W. Alameda Pkwy. Morrison, CO 80465. Join us at 10 a.m. on the 2nd Friday of each month at the Dinosaur Discovery Center for fun 30-minute crafts and storytime sessions! Watch for updates on our activities and plans here, but also on our Facebook page. Bumble bees are wonderful pollinators! Now that we're seeing flowers blooming and summer is coming, let's learn about pollinators! Our craft today will have us create our own bumble bee out of pompom balls, popsicle sticks, and pipe cleaners, and we'll see how well our little creations can pollinate! Come check it out! [LEARN MORE](#)

Firehouse Tales for Tots

Denver Firefighters Museum. 1326 Tremont Pl. Denver, CO 80204. Recurring monthly on the 3rd Tuesday. Story time has never been hotter than at the Denver Firefighters Museum! Join us on the third Tuesday of every month at 10 am for a story and a craft. Story time is free with paid admission. [LEARN MORE](#)



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31 April  <i>Mother Goose Day</i>	1 <i>Mother Goose Day</i>	2	3 GPT: Learning Hour: PICKY EATERS . 12:00 – 1:00 pm. Telehealth.	4 <i>May The Fourth, Star Wars Day</i>	5 Dress-Up Friday Cinco De Mayo: Wear red, white and green <i>Vesak Day</i> <i>Cinco de Mayo</i>	6 Saturday Services Frisco Hive 9:00am-3:00pm, CST Job Fair! 10:00 – 1:00pm GPT: Autism 24/7: Parent Group Discussion 12:00 – 3:00 pm. Frisco Hive <i>National Nurses Day</i>
7	8	9 <i>Lost Sock Memorial Day</i>	10	11	12 Dress-Up Friday International Day – Wear something that represents another country. Maybe the flag or name or even a phrase in another language.	13 Saturday Services Frisco Hive 9:00am-3:00pm, CST <i>Leprechaun Day</i>
14 <i>Mother's Day</i>	15	16 <i>Love a Tree Day</i>	17	18	19 Dress-Up Friday Floral Day – Stop and smell the roses! Wear your best floral attire EARLY CLOSURE: All hives 3:30 PM Frisco ISD last day of school	20 Saturday Services Frisco Hive 9:00am-3:00pm, CST GPT: How does REINFORCEMENT work and can it help my kid? 9:00 – 11:30 am. Telehealth. GPT: Taming The Tantrums 12:00 – 3:00 pm. Frisco Hive <i>Armed Forces Day</i>
21	22 Frisco Hive first day of TBE Summer Camp 	23	24 GPT: Learning Hour: PICKY EATERS . 11:00 – 12:00 pm. Telehealth. Prosper ISD early release, last day of school <i>International Tiara Day</i>	25 Boulder Valley SD last day of school	26 Dress-Up Friday Patriotic Day – Wear red, white or blue in observance of Memorial Day Plano ISD Last Day of school	27 Saturday Services Frisco Hive 9:00am-3:00pm, CST GPT: How does REINFORCEMENT work and can it help my kid? 12:00 – 3:00 pm. Frisco Hive GPT: Taming The Tantrums 9:00 – 11:30 am. Telehealth.
28 <i>Amnesty International Day</i> 	29 CLOSED: Memorial Day	30 Plano, Prosper, Boulder hives first day of TBE Summer Camp  Be Healthy Curriculum	31			1

“Why fit in when you were born to stand out?”

— Dr. Seuss.

All times are in Central Standard Time Zone (CST). Some dates and events are subject to change.



MAY 2023

Registration for all classes is on a first-come, first-served basis. Act quickly!



Group
Parent
Training

Parent Group Discussion: Autism 24/7

Learn from a great book and from each other! Join a BCBA-led Parent Group Discussion in an informal discussion of chapters 7-9 from the book "Autism 24/7: A Family Guide to Learning at Home and in the Community," by Andy Bondy, Ph.D & Lori Frost, CCC/SSLP. The BCBA will present each chapter and then the group will discuss relevant information.

 In-Person: <https://www.signupgenius.com/go/9040449aaaf29aaf49-autism1#/>

Learning Hour: PICKY EATERS

Join our BCBA as she takes our parents and caregivers through a quick 1-hour Lunch and Learn on ideas to help with Picky Eaters. The presentation will cover, why kids with autism can be picky eaters, texture issues, food refusal, expanding your child's menu, how to know when to worry, and where you can go for help.

 Telehealth: <https://www.signupgenius.com/go/9040449aaaf29aaf49-tbe1hour1#/>


How does REINFORCEMENT work and can it help my kid?

You hear your BCBA talk about reinforcement all the time, but do you REALLY understand the principle of reinforcement, or the difference between positive and negative reinforcement (they both increase behavior)? Misunderstanding or misapplying reinforcement is the #1 way a program can go wrong, and parents can reinforce bad behavior all the time and not even realize it! Sometimes they think they are helping, but what they are doing is countertherapeutic. Come learn how to help your child with reinforcement.

 Telehealth: <https://www.signupgenius.com/go/9040449aaaf29aaf49-howdoes#/>
In-Person: <https://www.signupgenius.com/go/9040449aaaf29aaf49-howdoes1#/>

Taming The Tantrums

BACK BY POPULAR DEMAND: Our most popular Group Parent Training (GPT) class ever! Both parents and BCBA's have requested that we offer this class again. Many caregivers who have taken this class have reported measurable decreases in their child's tantrums and success in their ability to deal with their child's problem behavior.

 In-Person: <https://www.signupgenius.com/go/9040449aaaf29aaf49-taming1#/>
Telehealth: <https://www.signupgenius.com/go/9040449aaaf29aaf49-taming2#/>



MAY
SATURDAY
6

12:00 – 3:00 pm.
In-Person
Please sign up for Saturday Services (in our **Frisco Hive**) for your child.

 Frisco Hive



MAY
WEDNESDAY
3

12:00 – 1:00 pm.
Telehealth
Zoom link for class will be emailed once SignUp Genius registration is completed.



MAY
WEDNESDAY
24

11:00 – 12:00 pm.
Telehealth
Zoom link for class will be emailed once SignUp Genius registration is completed.



MAY
SATURDAY
20

9:00 – 11:30 am.
Telehealth
Zoom link for class will be emailed once SignUp Genius registration is completed.



MAY
SATURDAY
27

12:00 – 3:00 pm.
In-Person
Please sign up for Saturday Services (in our **Frisco Hive**) for your child.

 Frisco Hive



MAY
SATURDAY
20

12:00 – 3:00 pm.
In-Person
Please sign up for Saturday Services (in our **Frisco Hive**) for your child.

 Frisco Hive



MAY
SATURDAY
27

9:00 – 11:30 am.
Telehealth
Zoom link for class will be emailed once SignUp Genius registration is completed.



The **Behavior**Exchange® | *What could be, can be.*

972.312.8733 TX | 720.647.8541 CO  behaviorexchange.com

Proud to be a Behavioral Health Center Of Excellence®



Go ahead, find us and **LIKE** us on:



A kind word works wonders.

 REVIEWS

The Behavior Exchange
will be closed on:



**MONDAY,
MAY 29, 2023 FOR
MEMORIAL DAY
OBSERVANCE**



All hives: Plano, Frisco, Prosper, and Boulder.
Thank you for your understanding.



The **Behavior**Exchange® | *What could be, can be.*



972.312.8733 TX | 720.647.8541 CO



behaviorexchange.com

Proud to be a Behavioral Health Center Of Excellence®



Go ahead, find us and LIKE us on:



A kind word works wonders.



REVIEWS

The Behavior Exchange will close early on:



**FRIDAY,
MAY 19, 2023
3:30 PM
FOR
STAFF APPRECIATION**



All hives: Plano, Frisco, Prosper, and Boulder.
Thank you for your understanding.



The **Behavior**Exchange® | *What could be, can be.*®



972.312.8733 TX | 720.647.8541 CO



behaviorexchange.com

Proud to be a Behavioral Health Center Of Excellence®



Go ahead, find us and **LIKE** us on:



A kind word works wonders.



REVIEWS

Walk into our job fair. Walk out with a job offer.



Reserve a time slot and learn how much fun you can have this summer as a Behavior Therapist.

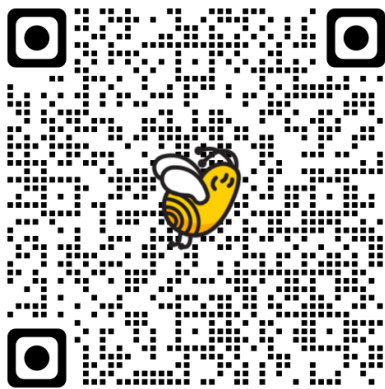
Our Behavioral Health Center of Excellence® is hiring to meet the growing demand for ABA therapy – the gold standard in care for children with autism.

Our greatest need is for summer time Behavior Therapists for our popular **Summer Camp at The Behavior Exchange**, so more kids with autism can have a blast while school's out as they continue to learn and grow.

- You'll **work directly with children with special needs** aged 2-12.
- **We provide all the tools and training** you'll need.
- You get to work with some of the **best Board Certified Behavior Analysts** in the country!
- The experience is **ideal for college students and teachers**.
- Opportunities available at all of our Texas hives – **Plano, Frisco, and Prosper!**
- **Check out our flagship location in Frisco in person**, where our bright colors, fun décor, and custom design are setting a new standard.
- Offers contingent on background checks.

Schedule an interview slot today!

IN-PERSON:



VIRTUAL:



The Behavior Exchange's Summer Job Fair!

WHERE:

8501 Wade Blvd,
Building 12.
Frisco, Texas 75034

WHEN:

May 6, 10am -1pm



The **Behavior Exchange**®
What could be, can be.®



Proud to be a Behavioral Health Center of Excellence®

972.312.8733 TX | 720.647.8541 CO

behaviorexchange.com

enroll@behaviorexchange.com

North Texas | Colorado



Family Owned & Operated



Member Since 2020



ACE Provider



Member Since 2020



Education Partner



Directions:

Place a 4x6 photo inside this rectangle.

Color the outside rectangle.

Print it and use a 8x10 photo frame.

Give it to Mom.

Tell her you love her!

Best Mom Ever!