



SEE WHAT'S HAPPENING AT OUR HIVES:



August...

It's that time of year again, y'all — the dog days of summer are upon us. As temperatures soar, even our canine companions find it too scorching to frolic around; instead, they lie languidly, panting to cool down. Interestingly, this phrase, “the dog days of summer,” has a fascinating historical origin dating back to the ancient times of the Greeks and Romans. According to them, these scorching days coincided with the rising of Sirius (part of the Canis Major constellation) alongside the sun, occurring in late July in the Northern Hemisphere. The Greeks and Romans attributed the sweltering heat to the combined radiance of the two stars, which could potentially bring fever or even disaster.

The phrase “dog days” was translated from Latin to English about 500 years ago. Since then, it has taken on new meanings. “Now people come up with other explanations for why they're called the ‘dog days’ of summer, [like] this is when dogs can go crazy,” said Anne Curzan, an English professor at the University of Michigan.

Regardless of the origins or interpretations, one thing remains true here in Texas (as well as in Colorado) — it's undeniably hot! At The Behavior Exchange, we see these days as an opportunity to slow down and take a breather, especially after the excitement of summer vacations and before the kids head back to school. Embrace the chance to stay indoors, keep cool, and recharge your batteries. We know it's easier said than done, but consider taking a day to fully embrace a relaxed state, embrace the lazy dog in you or consider going full on “**GOBLIN MODE**.” By doing so, you'll prepare yourself to face the upcoming fall with renewed energy and enthusiasm.

If you have tips on how to relax during the dog days of summer, please, share with us! We'd love to hear your thoughts. buddy@behaviorexchange.com

Fall semester.

Yep! Can you believe we are already talking fall? Last days of The Behavior Exchange Summer camp for Plano, Frisco, and Prosper hives will be on Tuesday, August 8th. Plano, Frisco, and

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- FALL SEMESTER
- ADOS-2 ASSESSMENTS NOW OFFERING!
- GROUP PARENT TRAINING
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TBE Calendar

8/8: Last day of Summer camp: Plano, Frisco, Prosper hives

8/15: Last day of Summer camp: Boulder Hive

Log on to our site and view selected events: [CLICK HERE](#)

Extra! Extra! In the News

Tax Free Weekend!

The 2023 tax-free weekend is Friday, August 11, through Sunday, August 13. If you're not familiar with tax-free weekend, this is one of three weekends the state of Texas provides its residents. In April, Texas has Emergency preparation sales tax weekend. In May, Memorial Day weekend is tax free for Water-efficient and EnergyStar appliances and in August, Back-to-school sales tax weekend. During this tax-free weekend, shoppers in Texas can purchase specific

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Prosper ISDs all go back to school on August 9th. For our cooler friends in Colorado, our Boulder Hive's last day of summer camp is on Tuesday, August 15th. The first day of school for Boulder Valley SD will be on August 16.

ADOS-2

We're so excited to announce that we are now certified to administer the **ADOS-2 Assessment**, an important step in the ASD comprehensive evaluation. If you or someone you know are needing ADOS-2 evaluation, our experts at The Behavior Exchange can help! [CONTACT US](#) to learn more.

Group Parent Training (GPT)

We will be taking a break this summer while we concentrate on Summer Camp. Be sure to tune-in to our monthly newsletter to learn when GPT will return.

THE BUZZ AROUND DFW:



The Spongebob Musical: Youth Edition

July 01, 2023 to August 05, 2023. Upright Theatre Co. 2501 North Main Street, Suite 210. Euless, TX, 76039. Upright Theatre in Euless presents Spongebob The Musical - Youth Edition. Tickets available here. Children are encouraged to dress in their best Bikini Bottom attire and will have an opportunity to meet SpongeBob and friends after the show. [LEARN MORE](#)

Disney's Frozen

August 10, 2023 to August 20, 2023. Bass Performance Hall. 525 Commerce Street, Fort Worth, TX, 76102. The Tony-nominated Best Musical, Frozen, will play a two-week premiere engagement at Bass Performance Hall, August 10–20. The show runs over two hours long, including one intermission. Learn more at frozenthemusical.com. In Fort Worth, Frozen will play weekdays at 7:30pm, Saturdays at 1:30pm & 7:30pm and Sundays at 1pm & 6:30pm. There will be an additional matinee performance at 1:30pm on Thursday, August 10. [LEARN MORE](#)

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items without paying sales tax. Eligible items typically include clothing and footwear, school supplies like pens, pencils, notebooks, backpacks, and even some technology such as computers and tablets, as long as they fall within the price limit set by the state — below \$100.

The event helps Texas families by offering a cost-saving opportunity for back-to-school shopping. By eliminating sales tax on essential items, it enables parents and students to save money and stretch their budgets further. This tax break allows families to obtain necessary school supplies and clothing at a more affordable cost, making it easier for students to be adequately prepared for the upcoming academic year. To learn more about tax-free weekend, click here: [READ MORE](#)

Colorado unfortunately does not have a tax-free weekend. :(

Fun facts

Speaking of Sirius, one of the brightest stars in our skies and part of the constellation Canis Major constellation, here are some other constellations visible during these August days:

- **The Summer Triangle**

When is it visible? High in the south and southeast all night through the summer. There's no place better to start in the summer skies than with the spectacular

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Hugapalooza

August 26, 2023. Klyde Warren Park. 1909 Woodall Rodgers Freeway, Dallas, TX, 75201
Ages: 2 years and older. Bring your kiddos, grandchildren, neighbors and friends to Klyde Warren Park on Saturday, August 26, for Hugapalooza, a free, kid-centered sing-along concert put on by KidLinks as a way to say thank you to the community. This event is recommended for children ages 2–10. The event will be full of music and activities for kids meant to help you feel better, help you feel special, help you feel happy, but most importantly, help you feel like you are getting a big wonderful hug. KidLinks' generous supporters make our mission of linking kids to healing, hope, and happiness through music and media come to life. This year, we are adding on a Special Needs Resource Fair for families to learn more about the many offerings in DFW. Light refreshments will be served after the show. [LEARN MORE](#)

PGA Frisco Summer Movie Series

July 21, 2023 to August 25, 2023. 8:00 PM. This event occurs weekly, 1 week(s) on Friday. Monument Realty PGA District at Omni PGA Frisco Resort. 3255 PGA Parkway, Frisco, TX, 75033. Monument Realty PGA District, the massive, 660-acre development, which is a part of the Omni PGA Frisco Resort, hosts great activities and events, including:
First Friday Night Summer Movie Series
Lay out your blanket and get ready for a movie night under the stars. Your favorite movie concessions will be available, and sweet treats will be waiting for you at Margaret's Cones & Cups. The Dance Floor and The Swing will also be available for play. Movie titles subject to change. Lawn chairs and outside food or beverage are not permitted.
August 4: The Greatest Game Ever Played, August 11: Inside Out, August 18: The Parent Trap
August 25: The Secret Life of Pets. [LEARN MORE](#)

THE BUZZ AROUND BOULDER:



Free Entrance Days in the National Parks

August 4 is the anniversary of the Great American Outdoors Act, so the National Parks in Colorado are having a free day! Aug. 4. [LEARN MORE](#)

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Summer Triangle. The Triangle isn't a constellation, but an asterism – an unofficial but recognizable group of stars. At two of its corners are Altair (in the constellation Aquila, the eagle) and Vega (in Lyra, the harp). They're about 16 and 25 lightyears away; just down the street as these things go. Deneb, the tail of Cygnus, the swan, is an astounding 2,000 lightyears away or so, and is one of the most distant stars you can see with the naked eye.

• Scorpius

When is it visible? Low along the southern horizon all summer. For my money, no single group of stars is more summery than Scorpius, the scorpion. It's one of the few in the sky that actually kind of looks like what we want. Look for Antares, the bright red giant star (about 550 lightyears away) at its heart, and then imagine the stars Acrab ("a Crab? But... you said it's a scorpion!"), Dschubba, and Nur as its head and claws.

• Sagittarius

When is it visible? Low along the southern horizon all summer. Most of the Archer's stars are dim and indistinct, but its brightest few come together to form the Teapot asterism. In August, as the nights start to get a little longer, you might be able to see what looks like a little bit of steam billowing from the Teapot's spout. The centre of our Galaxy is out in that direction, and that 'steam' is combined light of countless stars blending together into the milky glow that gave our galaxy its name. These stars follow just behind the scorpion as the nights go on. Together,

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Moffat County Hot Air Balloon Festival

Craig, CO. Aug 04, 2023 to Aug 06, 2023. Enjoy live music entertainment all day, along with mesmerizing hot air balloons. The balloon launches all three days at 6:30 a.m. [LEARN MORE](#)

Colorado State Fair

Pueblo, CO. Aug 25, 2023 to Sep 04, 2023. The Colorado State Fair, held in Pueblo, is an annual event featuring livestock shows, rodeos, concerts, carnival rides, food vendors, and more. \$7-\$200. Aug. 25-Sept. 4. [LEARN MORE](#)

Kids' Concert in the Park

Superior, CO. Our 11th Annual "Superior, CO Kids' Concert in the Park!" Free, outdoors and open to all thanks to the Town of Superior. Bring a blanket, camp chairs, a picnic and small shade (ie. umbrella) if it's extra warm (no natural shade but usually cool enough by concert time). Science and nature-themed kids' concert from 6-7pm with live music, educational skits, quick costume changes and loads of audience participation! Stick around after the show for Ultralowfi at 7:15 p.m. *Registration is not required to attend :) [LEARN MORE](#)



they're a funny pair. Picture it: a scorpion running, screaming as a ferocious teapot chases it across the sky.

• Corona Borealis

When is it visible? Toward the southeast in June, southwest in July, and west in August. If you follow the curve of the Plough's handle toward the southwest, the next bright star you reach is Arcturus, in Boötes. From there, it's just a quick hop toward the east (generally, toward the left) to Corona Borealis. The northern crown is one of Ptolemy's original 48, and one of the smallest of the 88 modern constellations. Its stars are all third- and fourth-magnitude, arranged in a beautiful, but incomplete ring with Alphecca in the middle. While we often think of this as a springtime group, it's an amazing sight setting into what seems like an impossibly slow August dusk.

• Delphinus

When is it visible? High in the south and southeast all summer. Wrapped within the Summer Triangle are five small constellations: Lyra, Vulpecula, Sagitta, Delphinus and Equuleus. It's small and dim, but the first time you see it, the dolphin's main asterism is a real "Hey, look at that!" type of sight that certainly stands out among some of the other dim stars within the Triangle. Look for its long thin tail extending toward the south from its diamond-shaped head. I love to imagine it racing and diving across the sky as the summer goes on.



IT'S. SO. HOT...

AUGUST

{National Back-To-School Month}



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	1 Be A Good Citizen	2	3	4 Dress-Up Friday Recycle Day- Wear something that's been recycled or passed down to you. Or from sustainable fabrics like bamboo <i>U.S. Coast Guard Day</i>	5 Saturday Services Frisco Hive 9:00am-3:00pm, CST
6 <i>Friendship Day</i>	7	8 Plano, Frisco, Prosper hives last day of TBE Summer Camp	9 Frisco, Plano, Prosper ISD first day of school	10	11 Dress-Up Friday Bright Colors Day -Be bold and bright! <i>Son and Daughter Day</i>	12 Saturday Services Frisco Hive 9:00am-3:00pm, CST
13 <i>Left Handers Day</i>	14	15 Boulder Hive last day of TBE Summer Camp	16 Boulder Valley SD first day of school <i>National Tell a Joke Day</i>	17	18 Dress-Up Friday 'Tis Too Hot Today Day- Wear something white and light.	19 Saturday Services Frisco Hive 9:00am-3:00pm, CST <i>National Honey Bee Awareness Day</i>
20	21 <i>Senior Citizens Day</i>	22	23	24	25 Dress-Up Friday Tie Dye Day – wear tie dye. <i>National Banana Split Day</i>	26 Saturday Services Frisco Hive 9:00am-3:00pm, CST <i>Women's Equality Day</i>
27	28	29	30 <i>Raksha Bandhan</i>	31 <i>National Eat Outside Day</i>	1 September	2



"Believe you can and you're halfway there."
— Theodore Roosevelt

All times are in Central Standard Time Zone (CST).
Some dates and events are subject to change.



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