

## **JUNE 2025 NEWSLETTER**





### **Number Six**

And just like that, summer is here. Welcome, June-the sixth month of the year.

For those of you who appreciate symbolism and numerology, you know that the number 6 carries a special meaning. At The Behavior Exchange, the number 6 is deeply woven into our identity: it's reflected in our color palette—red, yellow, orange, green, blue, and purple—and it's at the heart of our six core values. Plus, the hexagon—a six-sided shape—features prominently in our logo and branding.

The number 6 is often associated with harmony, love, and responsibility. It also symbolizes service, compassion, and a deep care for others. Rooted in numerology and spiritual traditions, it embodies the spirit of nurturing—qualities that inspire us to look beyond ourselves and dedicate our efforts to the well-being of others. This connection aligns with our mission at The Behavior Exchange, where we strive to provide exceptional support not just for the children we serve, but also for their families, our staff members, and our broader community.

At The Behavior Exchange, service and compassion aren't just abstract ideas—they're the foundation of everything we do. Every therapy session, parent conversation, and professional development opportunity is guided by the belief that caring for others is both a privilege and a responsibility. Whether we're celebrating a child's progress or helping a family navigate autism's challenges, we approach our work with a heartfelt commitment to bringing hope and meaningful change into the lives of children, families, and our team.

Just as the number 6 embodies empathy and community, we embrace these values every day to create a supportive environment where everyone can thrive.

Do you have a favorite number or a symbolic number in your life? We'd love to hear what it means to you and why it's special. Email us at **<u>BUDDY@BEHAVIOREXCHANGE.COM</u>** 

### In this Issue:

- SIX AS A SPECIAL NUMBER
- FUN CURRICULUM
- DAD'S DAY

### Calendar

6/15: Father's Day

### **Daily Affirmation**



### **Extra! Extra! In the news**

Read some of the inspiring and recent stories of individuals on the autism spectrum who are thriving and breaking barriers.

**Kanyeachukwu Tagbo-Okeke** — Teen Artist and World Record Holder Diagnosed with autism at the age of two, Nigerian artist Kanyeachukwu Tagbo-Okeke has carved out a global niche for himself with his art, winning the Guinness World Records for the largest artwork on canvas by an individual. <u>WATCH</u>

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### **Summer Camp Curriculum**

Summer Camp at The Behavior Exchange is a truly special time for everyone—our BCBAs, RBTs, and most importantly, our kiddos! Our goal is to inspire learning and create a lot of fun along the way. During the summer, we roll out our very own dynamic curriculum, featuring a new theme every two weeks. This year's lineup of themes is as follows: Be Athletic, Be Healthy, Be Musical, Be Safe, Be Aquatic, and last but not least, Be a Good Citizen. TAKE A LOOK HERE and sample our fun curriculum.

### **Father's Day**

Father's Day is just around the corner—Sunday, June 15th, to be exact. (We know some dads really appreciate punctuality, so we're being precise here!) Get those dad jokes ready, fire up the grill, and get ready to celebrate the dads and father figures in your life.

When it comes to gifts, you really can't go wrong with the classics—some comfy new socks, a sleek tech gadget, or even tickets to a baseball game. But let's be real—what most dads really want is quality time with family and, maybe, just maybe, a bit of undisturbed peace and quiet.

### THE BUZZ AROUND DFW:



### **Bug-a-thon at the Heard**

Bug-a-thon is all about exploring, discovering, and having fun with the wild and wonderful creepy crawlers (and flyers) that have taken up residence at the Heard Natural Science Museum & Wildlife Sanctuary in McKinney. Enjoy a variety of fun family-friendly events, including an insect bioblitz where participants work together to find and identify as many species of insects as possible for chances to win fun prizes, a mothing event after dark, and much more. For all ages. Saturday, June 21 from 5pm-11pm. LEARN MORE

### NASA: The Apollo Project in Frisco

The Apollo Project, on loan from NASA, is an out-of-this-world exhibition that features the people, technology, and world events that shaped the Space Race and the journey to be the first to land on the Moon. The exhibit concludes on June 14 with a special @playfrisco

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Flora Vesterberg — An autism diagnosis was unexpectedly empowering British Royal, art historian, and broadcaster Flora Vesterberg knew of her neurodiversity since childhood, but only sought a clinical assessment this year, as she was preparing to embark on her PhD. Her diagnosis at the age of 30 has changed her life for the better. <u>READ</u> MORE

**Eva Erickson** — Brown University student places second on "Survivor" Eva made television history as the first openly autistic person to compete on "Survivor." When she was one year old, her parents were told she'd never hold a job or live independently. At 24, she's working on a PhD in engineering. **READ MORE** 

**Deena Margolin**— Cofounder of the parenting platform Big Little Things As a mother of two, Deena says being diagnosed with autism at the age of 35 is one of the most healing experiences of her life. She shares the accommodations she uses to navigate parenting while on the spectrum and the lessons all parents can learn from putting their needs first. **READ MORE** 

### **TED talk**

What you should know about raising an autistic child. Patty Manning-Courtney / TEDx Austin College / January 11, 2024

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event all about robotics, including several demonstrations as well as fun hands-on activities. Tuesdays–Saturdays, 10am–5pm. **LEARN MORE** 

### Sounds at Sundown in Murphy

Find your groove at the Sounds at Sundown summer concert series, the ideal Friday night activity with a variety of music genres every Friday night throughout June. Bring your picnic blankets and lawn chairs for a night filled with live music, delicious food, and entertainment for all ages. Dogs on leashes are welcome, too! Every Friday in June from 7pm-10pm. LEARN MORE

#### **Cathy's Critters in Princeton**

Spend a Saturday or Sunday on a beautiful farm in Princeton, named Best for Families in 2022 by DFW Child magazine. Take an outback tour, interact with both farm and exotic animals, take a pony ride, and more as weather permits. Weekends in June, 10am-4p.m. Ages two and under get in free. Cups of feed available for purchase. LEARN MORE

#### **Universe of Light in Grapevine**

Calling all DC Comics fans of all ages! Experience the legendary stories and characters at the all-new, walk-through attraction, Universe of Light, featuring multiple worlds and 40 iconic DC super heroes and super-villains in more than 1,000 glowing lanterns (up to 24 feet tall) constructed by master artisans from Zigong, China. Each vibrant display captures the action and artistry of DC's world-renowned storytelling. At the Gaylord Texan Resort all summer. **LEARN MORE** 

When faced with doubt, no matter if we're actually certain of the fact, it's all too easy for us to say, "It's all going to be okay" – especially if you're a developmental pediatrician presenting a family with a life-changing diagnosis. Still, with 30 years of caring for children with autism and their families under her belt, Patty Manning-Courtney can confidently say, in fact, that it will be okay. She's learned what it takes to stand yourself back up again. If you start with believing in a positive outcome, you may learn the same. WATCH HERE





# **JUNE – 2025**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6 Dress-Up Friday Team Jersey Day- Wear your favorite team's jersey!	7 Saturday Services Frisco Hive 9:00am-3:00pm
	BE ATHLETIC CURRICULUM THEME					
	Shavuot	Shavuot		The Hajj	The Hajj D-Day National Yo-Yo Day	The Hajj Eid-al-Adha
8	9	10	11	12	13	14
					Dress-Up Friday Wacky Workout Gear Day – Sport your wacky workout gear!	Saturday Services Frisco Hive 9:00am-3:00pm
	BE HEALTHY CURRICULUM	THEME				
The Hajj Eid-al-Adha Pentecost	The Hajj Eid-al-Adha	Eid-al-Adha		International Falafel Day	National Sewing Machine Day	
15	16	17	18	19	20 Dress-Up Friday Food Day–Wear your favorite food or food colors.	21 Saturday Services Frisco Hive 9:00am-3:00pm
	BE HEALTHY CURRICULUM	тнеме				
Father's Day		National Mascot Day			American Eagle Day	
22	23	24	25	26	27 Dress-Up Friday Favorite Band Day – Wear your favorite musician or band t-shirt!	28 Saturday Services Frisco Hive 9:00am-3:00pm
	BE MUSICAL CURRICULUM	THEME				
Norld Rainforest Day	National Porridge Day		National Catfish Day		National Bingo Day	
29	30					
	BE MUSICAL CURRICULUM THEME					

International Mud Day

All times are in Central Standard Time Zone (CST). Some dates and events are subject to change.

