



Change is beautiful

This time of year reminds us that change is all around us. The seasons are shifting, school is winding down for the kids, and summer is just around the corner. While this can bring excitement and new adventures, we also know that transitions can be tough—especially for our little ones.

But change doesn't have to be scary. Like the butterfly, transformation can be a beautiful thing. It takes patience, support, and the right environment to go from caterpillar to something extraordinary. At The Behavior Exchange, we believe every child has the power to grow, adapt, and thrive—even through the unknown.

We're here to help make transitions smoother, whether it's adjusting to a new routine, preparing for summer camp, or wrapping up a school year. With a little planning and encouragement, we can turn these moments of uncertainty into milestones of progress.

So let's embrace the change together—with curiosity, confidence, and compassion. And remember, just like the butterfly, something beautiful may be waiting on the other side.

Have you experienced a life change that, while challenging, led to something beautiful? We'd love to hear your story! Share your journey with us by emailing BUDDY@BEHAVIOREXCHANGE.COM

Summer Camp schedules

Our goal is to provide schedule confirmations by **May 9th**.

We appreciate everyone's patience and understanding, as there are many variables, including insurance requirements, which impact scheduling. Please note that schedule confirmations may be delayed if you request more hours than are currently approved by your insurance. If we're unable to accommodate a desired schedule, we will provide alternative schedules and/or locations.

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In this Issue:

- BUTTERFLY EFFECT
- SUMMER SCHEDULES
- MOTHER'S DAY
- MAY CLOSURES

Calendar

5/3: Closure—Summer prep
5/11: Mother's Day
5/23: Closure—Staff Development Day
5/26: Closure—Memorial Day
5/27: First day of Summer Camp at The Behavior Exchange

Daily Affirmation



Did you know?



New autism rates.

The CDC recently released new data showing that autism is being identified in more children than ever before. In 2022, about 1 in 31 (or 3.2%) of 8-year-olds in the U.S. were diagnosed with autism spectrum disorder—up from previous

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Mother's Day — Sunday, May 11th

Dads, kids, we're talking to you.

Mother's Day is coming—and that means it's time to pull out all the stops for the MVP of your household. We're talking about the snack-finding, schedule-juggling, hug-giving legend known as mom, mama. She makes it all look easy, but we know it takes superpowers to do what she does. Every. Single. Day. So let's return the favor with a little planning, a lot of love, and maybe a celebration that says, "You're amazing, and we noticed." Remember: this is not a drill. It's go-time for greatness. Let's make Mother's Day one for the (photo) books! Also, diamonds... that would also make her day. :)

Check out some of the art activities we've include here. Pages 8 & 9.



CLOSURES THIS MONTH

Spring cleaning—all hives closed

As we prep our hives for Summer camp, we will be close for Saturday Services on Saturday, May 3rd. Getting our hives squeaky-clean!

Staff Development—all hives closed

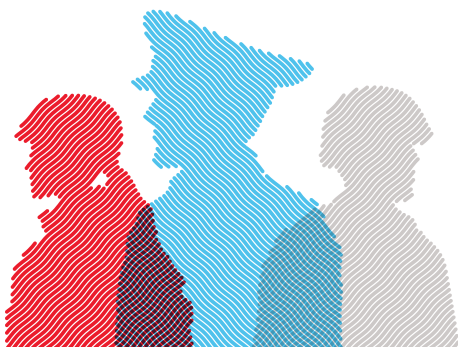
As part of our ongoing commitment to excellence & expertise, The Behavior Exchange will be closed on Friday, May 23rd for a full day of staff training and professional development. We believe that a well-prepared, knowledgeable, and energized team is essential to providing the best possible care for your child. These dedicated training days give our staff the opportunity to learn, grow, and collaborate—so we can return even more equipped to support your family with skill, compassion, and fresh insight.

Memorial Day — all hives closed

We will be closed on Monday, May 26 — All hives. For Memorial Day Observance. This is the official start of summer.

MEMORIAL DAY

Remember & Honor



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years. While these rising numbers can feel overwhelming, they reflect greater awareness, earlier screening, and improved access to evaluations and support. At The Behavior Exchange, we see this as a powerful reminder of why early intervention matters. The sooner we can identify and support children with autism, the brighter their future becomes. We're here to walk alongside you every step of the way. Learn more [HERE](#) and [HERE](#)

Fun Facts

Meteorological and astrological summer.

There are actually two official ways to mark the start of summer: meteorological and astrological. *Meteorological* summer begins on June 1st and is based on the calendar and annual temperature cycles. It neatly divides the year into four seasons—each lasting exactly three months—making it useful for weather tracking and climate statistics. *Astrological* summer, on the other hand, kicks off with the summer solstice, which usually falls around June 20th or 21st in the Northern Hemisphere. This is the longest day of the year, when the sun reaches its highest point in the sky, and it's been celebrated for centuries as the true arrival of summer. Then there's Memorial Day, observed on the last Monday in May. While its primary purpose is to honor the U.S. military personnel who died in service, it's also widely considered the unofficial start to summer in American culture. Backyard barbecues,

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THE BUZZ AROUND DFW:



James and the Giant Peach

Dallas Children's Theater has thought of everything for its sensory friendly performance of Roald Dah's beloved story of adventure, friendship, and finding happiness. Along with accommodations during the performance, they've provided several online resources for parents and children to use before the show, including a parent tip sheet, a performance synopsis, and a social story – complete with pictures and easy to follow text – to prepare your child for having fun. Tickets available by phone only. Saturday, May 3, @ 1:30pm. [LEARN](#)

[MORE](#)

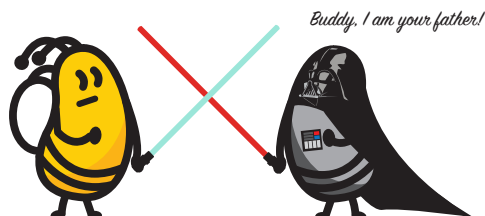
SaturYay! at Kaleidoscope Park

Turn any Saturday into SaturYay! with fun and free activities for the kiddos at Frisco's beautiful Kaleidoscope Park. Each SaturYay! this month will offer a unique combination of family friendly experiences, like story time, arts and crafts, petting zoos, airbrush art, lawn games, an outdoor education show, and more. Be sure to check the park's website for what's in store for your kiddo each weekend. From 10am-4pm, every Saturday in May and beyond. [LEARN](#)

[MORE](#)

May the 4th Be With You

A galaxy of fun not so far away is waiting for your family at this space-themed adventure in historic downtown Carrollton. Dress up in costume and bring your lightsabers for this early evening event, complete with kid friendly laser tag, crafts, a 360 photobooth, tent vendors, costume contest, Lego displays, and more. Stay until sunset for a free showing of *The Force Awakens*, and if your kiddo needs some quiet time, head to the event's special sensory friendly break area. Saturday, May 3, from 5pm-8pm. [LEARN MORE](#)



MAY THE 4TH
BEE WITH YOU!

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pool openings, and summer travel plans often begin that weekend—making it a meaningful and memorable kickoff to the season.

Extra! Extra! In the news

Read some of the inspiring and recent stories of individuals on the autism spectrum who are thriving and breaking barriers.

Tarik El-Abour – Breaking Barriers in Professional Baseball Diagnosed with autism at age three, Tarik El-Abour defied early discouragement to become the first recorded autistic professional baseball player in MLB history. After excelling in the Empire League and signing with the Kansas City Royals in 2018, he continues to inspire others by sharing his journey and demonstrating the power of perseverance and self-belief. [READ MORE](#)

Dr. Tilly – Dentist and Bestselling Author. Diagnosed with autism and ADHD at 25, Dr. Tilly overcame lifelong challenges to become a full-time dentist focused on sensory-friendly care. She is also a published author of award-winning novels featuring neurodivergent characters, challenging stereotypes and promoting a broader understanding of living meaningfully with autism and ADHD. [READ MORE](#)

Eric Bailey – Thriving in the Workforce. After completing Commonwealth Autism's Career Readiness and Employment

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Family Arts Bash!

Does your kiddo love art and being creative? The Family Arts Bash! at White Rock Lake's Bath House Cultural Center offers lots of fun, walk-up art activities for ages 2-12 led by local DFW artists. Stay for an hour or the entire day, taking in the current gallery exhibits at the center. Free and open to the public. No reservations required. Saturday, May 10, from Noon to 3pm.

[LEARN MORE](#)

Main Street Fest

An annual tradition for 41 years, the Main Street Fest in Grapevine offers something for everyone in the family, from live music, shopping, and food and drink to carnival rides, a KidZone Extravaganza jam-packed with activities, and train rides. There's even a comfy relax and recharge station for families who need to take a break and catch their breath from all the excitement. Tickets available online. Friday, May 16, through Sunday, May 18, in downtown Grapevine. [LEARN MORE](#)



program, Eric Bailey secured a job at Good Foods Grocery. A year later, he continues to thrive, demonstrating that with the right support, adults on the spectrum can build brighter, more independent futures. [READ MORE](#)

Lucy Bronze – Embracing




Neurodiversity in Sports. Chelsea and England defender Lucy Bronze, diagnosed with autism and ADHD in 2021, attributes her success on the pitch to these conditions. She has achieved significant feats, including winning the Women's Euros in 2022 and reaching the World Cup final in 2023, and now serves as an ambassador for the National Autistic Society in the UK. [READ MORE](#)

Bella Ramsey – Finding Freedom in

Diagnosis. An autism diagnosis has been “freeing” for Bella Ramsey, co-star of the TV show “The Last of Us.” According to an interview in British Vogue, neurodivergence has positively contributed to the actor's career, because it has enhanced Ramsey's observational skills. [READ MORE](#)



MAY – 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2 Dress-Up Friday Cinco De Mayo–Wear red, white and green. National Truffle Day	CLOSED: Summer camp prep 
4 May The Fourth	5 Cinco de Mayo Buddha's Birthday	6	7	8 National Children's Mental Health Awareness Day	9 Dress-Up Friday Pattern Day–Wear your favorite pattern. Polka dots, stripes, or plaid. Lost Sock Memorial Day	10 Saturday Services Frisco Hive 9:00am-3:00pm
11 Mother's Day	12 Vesak	13 National Leprechaun Day	14	15	16 Dress-Up Friday Hat Day–Wear something silly on your noggin. National Pizza Party Day National Love a Tree Day Lag BaOmer	17 Saturday Services Frisco Hive 9:00am-3:00pm
18	19 Plant Something Day	20 World Bee Day Flower Day	21 • Frisco ISD Last Day	22 Floral Day Wear your best floral attire	CLOSED: Staff Development Day  • Plano ISD Last Day • Prosper ISD Last Day • Celina ISD Last Day National Road Trip Day	24 Saturday Services Frisco Hive 9:00am-3:00pm
25 CLOSED: Memorial Day 	27 PLANO HIVE FIRST DAY OF TBE SUMMER CAMP PROSPER HIVE FIRST DAY OF TBE SUMMER CAMP FRISCO HIVE FIRST DAY OF TBE SUMMER CAMP BE ATHLETIC CURRICULUM THEME			28 Amnesty International Day	29 World MS Day	30 Dress-Up Friday Patriotic Day–In honor of Memorial Day, let's wear red, white, and blue. 31 Saturday Services Frisco Hive 9:00am-3:00pm



The **Behavior**Exchange® | *What could be, can be.* 972.312.8733 [behaviorexchange.com](https://www.behaviorexchange.com)



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REVIEWS

The Behavior Exchange will be closed on:

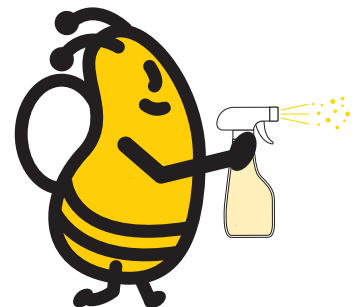


SATURDAY, MAY 3, 2025 FOR SPRING CLEANING



All hives: Plano, Frisco, and Prosper.

Getting our pretty hives squeaky-clean for summer, y'all!



Thank you for your understanding.



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**The Behavior Exchange
will be closed on:**



**MONDAY,
MAY 26, 2025 FOR
MEMORIAL DAY
OBSERVANCE**



All hives: Plano, Frisco, and Prosper.

★ ★ ★
MEMORIAL DAY
Remember & Honor

This day is a time for reflection and remembrance as we honor the brave men and women who gave their lives in service to our country. Their sacrifice allows us the freedom to live, learn, and grow—and for that, we are deeply grateful.

Wishing your family a peaceful and meaningful Memorial Day. We look forward to welcoming you back the following day for the start of Summer Camp At The Behavior Exchange.



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The Behavior Exchange will be closed on:



FRIDAY, MAY 23, 2025 FOR STAFF DEVELOPMENT

All hives: Plano, Frisco, and Prosper.

Saturday (May 24) Services will resume at our Frisco Hive.

Please note: The Behavior Exchange will be closed on Monday, May 26 in observance of Memorial Day. We'll be back and ready to kick off Summer Camp on Tuesday!



Thank you for your understanding.



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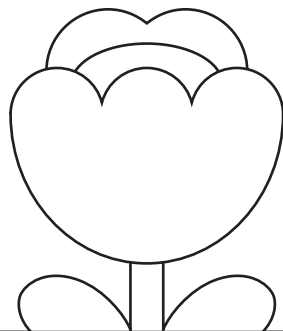
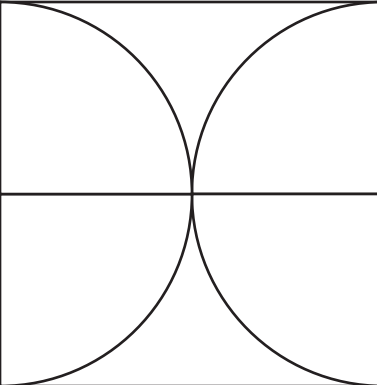
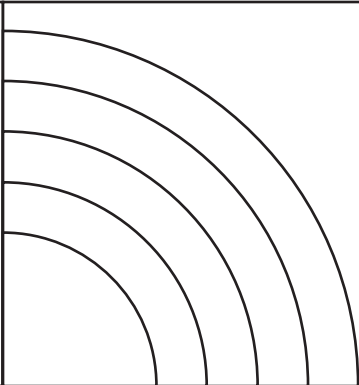
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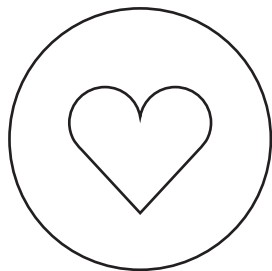
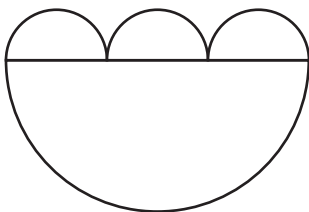


A kind word works wonders.  REVIEWS

best
mom
ever



LOVE



Directions:

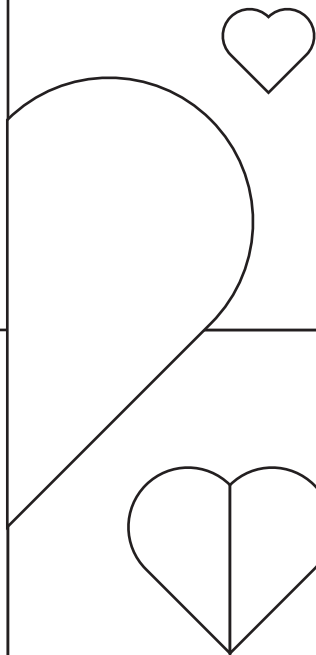
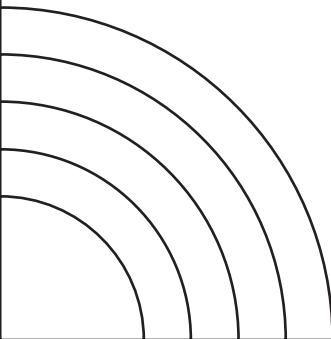
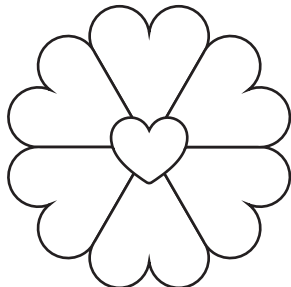
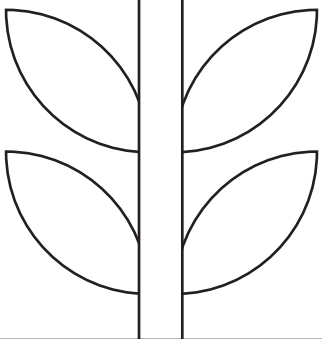
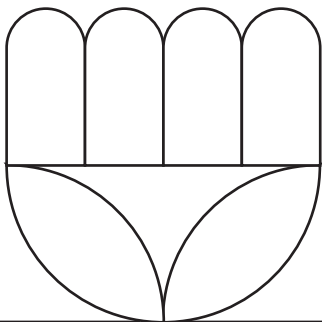
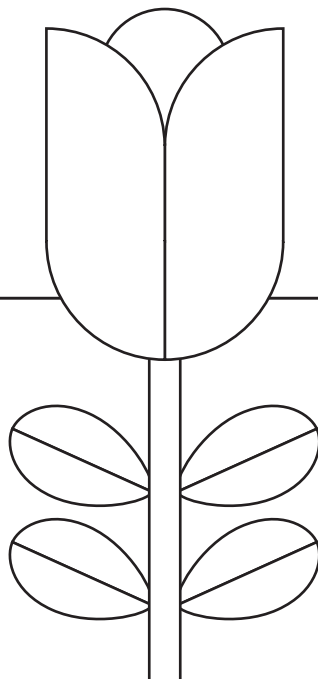
Place a 4x6 photo inside this rectangle.

Color the outside rectangle.

Print it and use a 8x10 photo frame.

Give it to Mom.

Tell her you love her!



Hands of Love!

Directions: Decorate the hands with markers, color pencils, crayons, stickers and any other creative way you can think of. Cut out the hands and fold them along the dotted line. Write a special message inside!

